### LUCAN KNITTING CLUB

Every Monday, 10.30am - 12.00pm
All welcome!

### **ADULT CREATIVE WRITERS**

Thursday 5th & 19th Sept, 10am - 12pm All welcome



### **OUIET TIME AT THE LIBRARY**

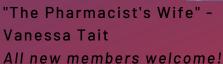
Friday 20th Sept, 10-11am
A morning to accommodate users with sensory difficulties.
All welcome.

# LUCAN LIBRARY BOOK CLUB/ CLUB LEABHAR

Wed 25th September, 7pm

Discussing

for details



# HOME DELIVERY SERVICE

If you or someone you know is housebound, we provide a book delivery service once a month.

Please contact the library



Wed 18th September, 6pm
Our classic film club is
back with a screening of
"Night and the City"
starring the iconic Gene
Tierney
All welcome





# Friday 20th Sept, 5.30pm til late

Spend Culture Night in Lucan Library!

5.30pm - the presentation of prizes for our Summer Stars participants

6.15pm - Magic with Captain Ho Ho

7.30pm - Music with the incredible Lucan Gospel Choir! All Welcome



- Monday Thursday9.45am 8pm
- Friday & Saturday9.45am 4.30pm







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www.southdublinlibraries.ie



Fri 6th & Sat 7th

September, 10am - 4pm

A 2 day introductory workshop to electronics and computing for

artists and creators.

Adults only workshop

**Booking from Monday 19th August** 

9.45am

Contact the library

# YOUNG

## **ENTREPRENUERS**

Sat 14th September, 12pm Calling all young entreprenuers! Learn how to develop, package and promote your product idea and sell it at our Christmas Market!

This introductory meeting is open to all interested young people and their parent/quardians Booking from Monday 19th August @ 9.45am Contact the library

# PATRICK O'CONNELL, FILM AND TALK

Thurs 19th September @ 6.30pm

All welcome

# MAX ZANGA HIP HOP WORKSHOPS

Starting Mon 23rd Sept, 6pm-8pm 5 week workshop on writing, performance and working in the music industry, with acclaimed hip hop artist Max Zanga of Tebi Rex Suitable for ages 14 - 18 years

Booking from

Monday 19th August @ 9.45am Contact the library





# CATHERINE O'KEEFFE - THE **WELLNESS WARRIOR**

Monday 9th Sept @ 6.30pm An empowering guide to

menopause, perimenopause; what to expect and how to ease symptoms

Booking from Monday, 19th Aug @ 9.45am

Contact the library

**BLOOD PRESSURE CHECKS** Tuesday 10th Sept, 12-4pm Have your blood pressure checked by a qualified nurse from the Irish Heart Foundation Booking from Monday, 19th Aug @ 9.45am

Contact the library THE LUCAN LIBRARY TABLE OUIZ!

Thurs 12th Sept @ 1.30pm Test your general knowledge, keep your brain healthy and meet new people at our table quiz for adults!

4 people per team. QUIZ Booking from Monday 19th August

@ 9.45am

Contact the library **HEALTH TALK WITH SEAMUS** POWER

Thurs 12th Sept @ 6.30pm Implementing strategies to cope with life's stressors: feeling better and performing better

Booking from Monday 19th August

@ 9.45am

Contact the library

**XPERT DIABETES COURSE** Friday 13th Sept, 10am-12.30pm

For people with Type 2 Diabetes, a 6 week course on controlling your symptoms and improving your health

Booking from Monday, 19th Aug @ 9.45am

Contact the library