### TTT - SENSORY TOYS

The maze on this balance board adds an extra challenge, making it harder than a standard balance board. The board comes with 3 balls and helps improve coordination, rhythm, auditory and visual processing, and motor coordination in children with sensory challenges. The semi-sphere fulcrum allows the board to pivot in all directions, engaging muscles not exercised by rocker boards.

This toy and many others are available from our TTT catalogue. Please enquire at the desk.

### **SENSORY TIME**

Tuesday 4th Nov @ 4:30pm



Sensory times for children and families with additional needs. Lights will be dimmed and sensory toys will be available for use in the library.

All welcome

### NEURODIVERSE SOUTH DUBLIN: LIVING OUT LOUD

### Wednesday 5th November, 6.30pm

Living Out Loud: Thriving as a Neurodivergent Adult (or Ally) A free talk for late-diagnosed, self-

diagnosed, and ND-curious adults.

Join psychotherapist Gillian Fagan for a talk exploring autism, ADHD, RSD, anxiety, sensory overwhelm, self-advocacy, masking, and more. Learn to start building your own sensory profile and self-care toolkit.

Book now at castletymonlibrary, eventbrite.ie

### **TODDLER TIME**

#### Wednesdays at 10.30am

Our weekly Parent & Toddler Group. November: 5th, 12th, & 26th. All Welcome!

### **BABY BOPPERS & RHYTHM** RASCALS

### Wednesday 19th,10:30am

Join us for this fun dance class for Baby Boppers (0-18 months) and Rhythm Rascals (18 months - 7 years). Book now at castletymonlibrary. eventbrite.ie

### TTRS

Limited spaces available for our 8 week Touch-Type-Read-Spell course for children ages 8-12. Email castletymonlibrary@sdublincoco.ie to enquire.



Monday - Thursday 9:45am - 8:00pm

Friday - Saturday 9:45am - 4:30pm

Scan this code with your phone camera to book events on **Eventbrite** 



Scan this code with your phone camera to sign up for a library card



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## OVEMBER

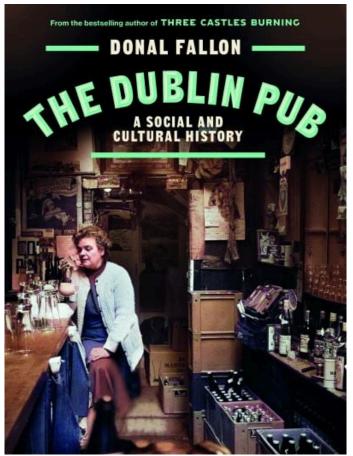


# THE DUBLIN PUB: A SOCIAL AND CULTURAL HISTORY WITH AUTHOR DONAL FALLON

### Wedneday 12th November - 6.30pm

For centuries, the public house has been an important part of the social and cultural history of Dublin. Beginning with the taverns and ale houses of the seventeenth and eighteenth centuries, author Donal Fallon will be here talking about this journey which passes through familiar institutions as well as much-lamented public houses that are no longer to be found. From the Irish revolution to social revolutions of more recent times, this is the story of the Dublin public house.

Book now at castletymonlibrary. eventbrite.ie



## CREATING A TRANQUIL GARDEN WITH AOIFE MUNN

### Wednesday 19th November - 6:30pm

Creating a garden that can become your own sanctuary is a great way to improve your wellbeing and have a wonderful space to enjoy year round.

Join horticulturist Aoife Munn and learn how to easily create the space of your dreams.

Book now at castletymonlibrary. eventbrite.ie



### REMNANTS OF OUR PAST WITH DEIRDRE O'NEILL

Wednesday 26th November - 6.30pm

We walk past remnants of our past every day without noticing. These remnants lie all over Ireland, telling us of the lives they once touched. Understanding their story roots our knowledge in the foundations of our society and the customs that have shaped the Irish people over centuries.

Remnants of Our Past and Deirdre O'Neill tell the story of Irish people, their memories preserved in these forgotten places.

Book now at castletymonlibrary. eventbrite.ie

### KNITTING GROUP



Join us for this fun and friendly knitting group.

Thursdays, 10.30am. New members welcome.

### **ADULT BOOK CLUB**

Next Meeting: Mon 10th November @ 7pm

Please call or email us if you would be interested in joining this club for some fascinating book choices and discussions.

Books are provided by the library for borrowing.

