

# Occupational Therapist (OT)

If you are applying for changes to your home (such as ramps, bathroom changes, or other adaptations), you must include a report from an Occupational Therapist (OT).

This report explains exactly what works are needed to help you live safely and comfortably at home.

## How to Get an OT Report

### 1. If you need a HSE Occupational Therapist

- You can be referred by your consultant, GP or hospital staff
- You can self-refer via your local Health Centre
- Referrals can be taken over the phone (see contact numbers overleaf)

### 2. If you need a private Occupational Therapist

- You can find a private OT in your area by visiting:
- [www.aoti.ie](http://www.aoti.ie)

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Comhairle Contae South Dublin  
Átha Cliath Theas County Council

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## Cost and Refunds

- If your grant application is approved:
- You can get up to €300 back to cover the cost of the OT report
- To get this refund, you must submit the OT's receipt with your grant application

## HSE Occupational Therapist Contact Details:

- OT Department Millbrook Lawns Health Centre (East Tallaght-Millbrook Lawns and Firhouse) phone number is 01 4275040
- OT Department Kilnamanagh Tymon Primary Care Centre (East Tallaght-Kilnamanagh and Tymon) phone number is 01 921 4826
- OT Department Russell Centre (West Tallaght & Rathcoole) phone number is 01 795 7553
- OT Department Ballyboden (Rathfarnham, Ballyboden & Knocklyon) phone number is 01 778 5342

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