

Health & Wellbeing for 55+ in the Community

Recognising Mental Illness

Dr. Eileen Sweeney

Depression

Dr. Siobhan Ní Bhriain

Consultant Old Age Psychiatrist,
Clinical Director Dublin South Central
Mental Health Services.

**Mental Health -Supports available
in the community for carers and
family**

Brid O' Meara
Director of Services,
Aware

How to be Happy

Professor Brendan Kelly
Professor of Psychiatry,
Trinity College Dublin

Places are
limited and
booking is
essential

Contact:

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Wednesday 16th May 2018

Tallaght County Library

Conference Room, Belgard Square, Dublin 24.

10:00 am-1pm

Registration: 9.45am sharp

Refreshments provided

