

Bealtaine Festival 2022





Réamhrá an Mhéara



"A chairde, tá ríméad orm Bileog Fhéile na Bealtaine 2022 a chur os bhur gcomhair. Mar gheall ar phaindéim Covid-19 beidh Féile Bhealtaine 2022 ar an gcéad Féile Bhealtaine aghaidh ar aghaidh ó fhéile 2019. Táim tar éis bheith ag obair le daoine aosta le breis is deich mbliana de mo shaol lasmuigh den pholaitíocht, mar sin tá ríméad orm go bhfuilimid i mbliana ag beartú a mhéid ócáidí aghaidh ar aghaidh agus is féidir a óstáil dár gcuid pobal.

Ba mhaith mo bhuíochas a ghabháil le gach gníomhaireacht agus eagraíocht rannpháirteach ar fud an Chontae. Thabharfainn spreagadh do gach duine éirí páirteach sna gníomhaíochtaí atá beartaithe agus cuidiú le rath Fhéile na Bealtaine ar líne. Beir bua!"

Mayor's Introduction

"A chairde, I am delighted to introduce the Bealtaine Festival Brochure 2022. Bealtaine Festival 2022 will be the first in-person Bealtaine Festival since 2019 as a result of the Covid-19 pandemic. I've been working with older people for over a decade in my life outside of politics, so I'm delighted that this year, we are planning on hosting as many in-person events as possible for our communities.

I would like to acknowledge and thank all participating agencies and organisations throughout the County. And I would encourage everyone to get involved in the planned activities and to help make this year's Bealtaine Festival a great success.

Beir bua!"

Mayor Peter Kavanagh

Chief Executive's Message



We believe that the month of May belongs to the Bealtaine Festival, celebrating art and creativity as we age! The Bealtaine Festival gives everyone the opportunity to discover a new talent or find a new way to use an old skill. It is an opening to make new friends and connect with your community. The name Bealtaine comes from the ancient Celtic festival of that name celebrating springtime, freshness and renewal.

This year marks Bealtaine's 27th Festival.

With Covid -19 restrictions having eased earlier this year, it has never been more important for our older population to reconnect with their community.

South Dublin County Council has recognised the significant impact of the Covid 19 Pandemic on our older population. This pandemic posed new challenges for all our citizens particularly older people who were requested to cocoon, and keep their distance from family, friends, and neighbours.

We have been committed to the Government's response, through the Community Call helpline and Keep Well Initiative to support our older population and respond to their needs when called upon.

With that in mind, South Dublin County Council will deliver this year's festival and will endeavour to provide many opportunities for our

older population to reconnect and celebrate the arts and creativity as we age.

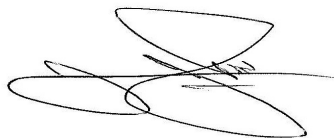
We will continue to strive to build positive, healthy communities in our County and this brochure has been produced to advertise the wide variety of events and activities planned for the month of May. With your help, we hope that this year our community groups and Active Age participants can reunite and reconnect after two years of isolation.

In South Dublin County the number of people aged 65 and over is 30,914 and is rising. Our aging population offers both challenges and opportunities to South Dublin County.

In South Dublin County we have developed useful links and working relationships between our partner agencies and service providers. We

have established the Age Friendly County Alliance and Tús Nua Older People's Council. It raises more awareness of issues affecting older persons and allows us to put the necessary structures in place to address this. South Dublin County is fully committed to being an Age Friendly County.

The Bealtaine Festival improves the quality of life of older people by promoting their greater participation in various aspects of life. In 2019 we had over 4,000 participants in the festival. I commend all the events. being organised to celebrate this special month.

A handwritten signature in black ink, appearing to read 'Daniel McLoughlin', with a stylized flourish at the end.

Daniel McLoughlin
Chief Executive

Bealtaine Festival 2022 Events



Art Classes for Adults

Wednesday 27 April

10.00 am

North Clondalkin Library

North Clondalkin Library in conjunction with DDLETB Adult Education is delighted to offer FREE Art Classes for Adults. Running for 8 weeks, starting 27th April, this art course is aimed at anyone who would like to try something new or rekindle their creativity. (No classes 13th & 20th April due to the Easter school break.) Booking Essential.

North Clondalkin Library

01 414 9269

Gardening for Adults

Friday 29 April

10.00 am

North Clondalkin Library

Gardening is good for the mind and body and the environment. Learn how to make the most of your garden or window-box as North Clondalkin Library in conjunction with DDLETB Adult Education is delighted to offer a FREE 8 week Gardening Course for Adults. Every Friday 10.00am – 12.00 noon starting 29th April. (No classes 15th & 22nd April due to the Easter school break.)

North Clondalkin Library

01 414 9269

Photographs may be taken by a photographer or the organiser at every event during this festival. These images may be used by South Dublin County Council for display and publicity purposes on our website www.sdcc.ie, social media and/or publications. Images will be stored securely and retained in accordance with SDCC's retention policy. If you wish for your image not to be used please make yourself known to the photographer, organiser or Council officials.

Castletymon Crafters

Tuesday 3 May

10.30 am

Castletymon Library

Join Margaret Goulding for 6 weeks of knitting, crochet, and chats! No experience necessary, all materials provided. Booking from Monday 18th April 10.00am on 01 4149203

Castletymon Library

01 414 9203

Self-Care incl. Tai Chi

Tuesday 3 May

4.00 pm

Dominic's Community Centre

Join us for 5 weeks of Self-care sessions including Tai Chi. Places are limited so booking is essential.

Dominic's Community Centre

01 459 0770



Bealtaine Friendship Group

Tuesday 3 May

2.45 pm

Killinarden Family Resource Centre

Killinarden Family Resource Centre will be hosting the Bealtaine Festival May 2022 running different activities each week. For further information please contact Martina on 014527143. This will take place every Tuesday from 2.45pm - 4.45pm. This will be an open event welcoming all over 55's from the community and the wider area.

Killinarden Family Resource Centre

01 452 7143

Please note that any events that state “booking essential” must be booked in advance.

Bealtaine Festival 2022 Events

Art with Linda

Wednesday 4 May

2.00 pm

Dominic's Community Centre

4 weeks of Art Classes. Places are limited so booking is essential. All welcome.

Dominic's Community Centre

01 459 0770

Informal Music Session

Thursday 5 May

10.30 am

North Clondalkin Library

Join us at North Clondalkin Library for an informal music session. You can join in and sing, play an instrument, or just listen. All welcome.

North Clondalkin Library

01 414 9269

Meditation at the Library

Wednesday 4 May

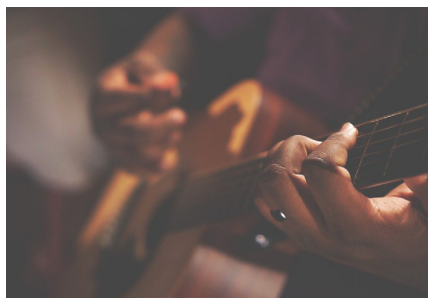
6.45 pm

North Clondalkin Library

Guided meditation at North Clondalkin Library. All welcome.

North Clondalkin Library

01 414 9269



Make a Summer Door Wreath

Thursday 5 May

11.00 am

Tallaght Library

Join Christine Carey for an enchanting crafting session at Tallaght Library and make a Summer-themed wreath for your door. Booking Essential.

Tallaght Library

01 462 0073



Bealtaine Arts with Kim Jenkinson

Thursday 5 May

11.00 am

Castletymon Library

Ever popular Kim Jenkinson hosts a relaxed arts class for older adults. All materials provided. Booking from Monday 25th April at 10.00am on 01 4149203

Castletymon Library

01 414 9203

Try the Tech Thursday

Thursday 5 May

1.00 pm

Palmerstown Library Digital Hub

Drop in to the Palmerstown Digital Hub at any time and have a go on a PC, Tablet or 3D Printer. Find out about using the libraries' ebooks, emagazines and more on your own device. All Welcome.

Palmerstown Library Digital Hub

01 467 8909

Bealtaine Festival 2022 Events

Line Dancing

Thursday 5 May

2.00 pm

Dominic's Community Centre

4 weeks of Line Dancing
Classes. Places are limited so
booking is essential.

Dominic's Community Centre
01 459 0770

Chair Yoga with Sally Dunn

Thursday 5 May

2.15 pm

Tallaght Library

4 weeks of Line Dancing
Classes. Places are limited so
booking is essential.

Tallaght Library
01 462 0073

Aging is not lost youth but
a new stage of opportunity
and strength.

- **Betty Friedan**



Damhsa Tae Le Chéile Arís - Afternoon Tea Dance

Thursday 5 May

2.30 pm

Áras Chrónáin, Clondalkin

Damhsa Tae, Le Chéile Arís
- Tea Dance Together Again.
You are invited to an afternoon
of live music and dancing in
the wonderful setting of Áras
Chrónáin, Ionad Cultúir, in the
heart of Clondalkin Village.
Come along and catch up with
old friends and new over a cup
of tea and some light pastries.
Beidh Fáilte Romhat.

Áras Chrónáin Ionad Cultúir
087 284 4195



Classic Film Club

Thursday 5 May

6.00 pm

North Clondalkin Library

Drop down to North Clondalkin Library for a classic movie. All welcome.

North Clondalkin Library

01 414 9269

Over 55's Market

Saturday 7 May

11.00 am

St. Kevin's Family Resource Centre

Community market where we can showcase the work of our older community members such as art, crafts, crochet and stained glass.

We also invite community members to host a bake sale and invite the whole community to see and purchase some of their work.

St. Kevin's Family Resource Centre

01 462 7149

Knitting and Crochet Club

Friday 6 May

10.00 am

North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome.

North Clondalkin Library

01 414 9269



Bealtaine Festival 2022 Events

Knitting and Crochet Club

Monday 9 May

10.00 am

North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome.

North Clondalkin Library

01 414 9269

Stitched Together Craft Group

Monday 9 May

11.00 am

Ballyroan Library

Join us at Ballyroan Library for our weekly craft skills share sessions. All Welcome!

Ballyroan Library

01 494 1900



Chair Yoga

Monday 9 May

2.30 pm

Dominic's Community Centre

4 weeks of Chair Yoga sessions. Places are limited so booking is essential.

Dominic's Community Centre

01 459 0770

4th Battalion Dublin Brigade and the Anglo-Irish Treaty

Monday 9 May

7.00 pm

Online

Join historian Liz Gillis for a discussion of the impact of and reaction to the Anglo-Irish Treaty on the branch of the IRA operational in South Dublin County. Booking Essential at www.southdublinhistory.eventbrite.ie

Ballyroan Library

01 494 1900



THE **CIVIC**

celebrating Bealtaine

CONCESSION PRICES FOR SENIORS ON THE FOLLOWING SHOWS



**THE CLASSIC BEATLES PRESENTS
THE 'GET BACK' ROOFTOP TOUR**

**23RD & 24TH MAY, 8PM
CONCESSION €24**

**25TH JUNE, 8PM
CONCESSION €23**



THE ELVIS SPECTACULAR SHOW



DIRTY DUSTING

**17TH & 18TH NOV, 8PM
CONCESSION €23**



Booking at www.civictheatre.ie Call 01 4627477



Bealtaine Festival 2022 Events

Gardening Skills Workshop

Monday 9 May

7.00 pm

Dominic's Community Centre

Gardening skills workshop:
Learn how to plant a variety
of different things including
herbs, flowers and vegetables.
Places are limited so booking is
essential.

Dominic's Community Centre
01 459 0770

Scrabble Club for Adults

Tuesday 10 May

10.00 am

Lucan Library

A new addition to the Lucan
Library calendar, this will take
place every month. Booking
Essential.

Lucan Library
01 621 6422



Crafts with Kim

Tuesday 10 May

11.00 am

Ballyroan Library

Learn a new craft with Kim
Jenkinson. Booking Essential at
[www.ballyroanlibrary.eventbrite.
ie](http://www.ballyroanlibrary.eventbrite.ie)

Ballyroan Library
01 494 1900

Crafternoon

Tuesday 10 May

11.00 am

St. Michael's House,
Templeogue

We will host an afternoon where
members can try their hands
at creating various crafts. It is
hoped the afternoon will prove
fun, relaxing and therapeutic.

**Open to members of St.
Michael's House only.**

Debbie Doyle
01 490 0936, Ext 7

Bealtaine Festival 2022 Events

Senior Citizens Afternoon Tea Dance

Tuesday 10 May

2.00 pm

Bawnogue Youth and Community Centre

Over 55's Afternoon Tea Dance.

Come along and enjoy an afternoon of music, dancing and refreshments. For further information please contact Dolores Byrne, Manager, on 4576734.

Bawnogue Youth and Community Centre
01 457 6734



Self-Care incl. Tai Chi

Tuesday 10 May

4.00 pm

Dominic's Community Centre

Join us for 5 weeks of Self-care sessions including Tai Chi. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

Bingo!

Tuesday 10 May

6.00 pm

Castletymon Library

Come to Castletymon Library for a lively game of Bingo! Laughs, prizes and entertainment guaranteed. Booking from 2nd May at 10.00am on www.castletymonlibrary.eventbrite.ie

Castletymon Library
01 414 9203



Your Experience Counts - Think about Volunteering!

Wednesday 11 May
10.00 am
Tallaght Library

Your life experience counts so make it matter and think about Volunteering! Join us (and a range of local Organisations looking for volunteers) anytime between 10 and 1 to find out how you can get involved and make a difference.

Colette Gallagher
086 703 6768

Historical Presentation of Dublin 1916

Wednesday 11 May
12.30 pm
Firhouse Community and Leisure Centre

Historical presentation of Dublin in 1916 delivered by Lorcan Collins in Firhouse Community and Leisure Centre. There will be an opportunity for a Question and Answer session. Tea/coffee and cakes to be served afterwards.

Liz Crummey
087 799 0626

Art with Linda

Wednesday 11 May
2.00 pm
Dominic's Community Centre

4 weeks of Art Classes. Places are limited so booking is essential. All welcome.

Dominic's Community Centre
01 459 0770

Meditation at the Library

Wednesday 11 May
6.45 pm
North Clondalkin Library

Guided meditation at North Clondalkin Library. All welcome.

North Clondalkin Library
01 414 9269



Bealtaine Festival 2022 Events

Crystal craft picture workshop

Thursday 12 May

10.00 am

Castletymon Library

Join us for an information morning with NCCWN Women Together Tallaght Network and Castletymon Library followed by a crystal craft card workshop. Each participant will receive a crystal craft kit which will have crystals, tools, and card in the pack. There will be a demonstration from our facilitator. This will be a fun, informative and creative workshop. So why not pop along to an interactive workshop, make new friends whilst receiving information about local services.

Women's Collective Ireland - Tallaght
087 346 4002



Coffee Morning

Thursday 12 May

10.30 am

North Clondalkin Library

Call into North Clondalkin Library for a cuppa and a chat. Board games and puzzles available. All welcome.

North Clondalkin Library
01 414 9269

New Beginnings Aromatherapy Workshops

Thursday 12 May

11.00 am

Dominic's Community Centre

"New Beginnings" – Aromatherapy to embrace a new phase of your life. This is a workshop on Aromatherapy oils and how to use them together with a short meditation on new beginnings. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

NORTH CLONDALKIN **SPORTS FEST**

Festival is an inclusive
FREE event suitable
for **ALL**

Come
and try out
the various
activities now
available
in the area



Find out more about
your local sports/
community groups that
provide services for
people of all ages.



Calisthenics



Yoga



Learn to Cycle



Boxing



Fitness Classes



Badminton

...and many more!



Bealtaine Festival 2022 Events

Decoupage Two Day Workshop

Thursday 12 & 19 May
11.00 am

Roseanna Hall, St Anne's
Church Bohernabreena

Decoupage is the art of decorating an object by gluing coloured paper cut-outs onto it in combination with special paint effects.

The participants will decorate a wooden tray by covering with cut-outs from purpose-manufactured napkins. Each layer is sealed with varnishes (often multiple coats) until the "stuck on" appearance disappears and the result looks like painting or inlay work.

Glenasmole Community Centre
087 216 0952 / 086 846 0561



Try the Tech Thursday

Thursday 12 May

1.00 pm

Palmerstown Library Digital Hub

Drop in to the Palmerstown Digital Hub at any time and have a go on a PC, Tablet or 3D Printer. Find out about using the libraries' ebooks, emagazines and more on your own device. All Welcome.

Palmerstown Library Digital Hub
01 467 8909

Line Dancing

Thursday 12 May

2.00 pm

Dominic's Community Centre

4 weeks of Line Dancing Classes. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

Inspiring floral creations for your Home and Garden

Thursday 12 May

2.00 pm

An Cosán, Jobstown

Workshop/demonstration will engage people to nurture their creative side and see how colour and gardening can play such an important part with their Mental Health and Wellbeing. People may gain a new interest or hobby and get lots of tips re growing flowers and vegetables.

An Cosán

01 462 8488



Chair Yoga with Sally Dunn

Thursday 12 May

2.15 pm

Tallaght Library

Get some exercise with this 4 week chair yoga course with Sally Dunn. Booking Essential.

Tallaght Library

01 462 0073

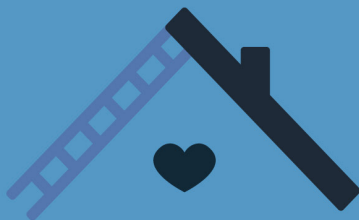




South Dublin
County Partnership
Páirtíocht Chontae
Átha Cliath Theas



An Roinn Coimíree Sóisialaí
Department of Social Protection



Care & Repair

Tús Service
Freephone:
1800 938884





Tús Care & Repair provides a **free odd job service** for people and organisations that are eligible within our local community.

EXAMPLES OF WORK WE DO:

- Minor gardening jobs
- Small painting jobs
- Hanging curtain rails
- Putting up shelves
- minor DIY jobs

YOU ARE ELIGIBLE IF YOU ARE:

- A resident in South Dublin County
- A senior citizen referred from a support worker/health service
- A community or voluntary organization
- You have a long-term illness or disability

HOW IT WORKS

- 1 Contact the freephone number and describe the job that needs to be done
- 2 A member of the Care & Repair team will visit you and assess the job
- 3 A member of the office will then contact you with a start date
- 4 A team of two or more will carry out the job
- 5 Customer service call on completion
- 6 When demand is high, waiting list will apply

- The Care and Repair Team consists of Tús participants who have specifically volunteered for this role.
- All team members are fully Garda vetted.
- Care and Repair works in teams of 2-3 persons under the supervision of SDCP Tús team leaders and Management.
- All staff carry I.D to identify themselves as members of the team.

Email: careandrepair@sdcpartnership.ie
Freephone: 1800 938884
Mon-Fri 9am-5pm



Bealtaine Festival 2022 Events

Knitting and Crochet Club

Friday 13 May
10.00 am
North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome

North Clondalkin Library
01 414 9269

Découpage Card Workshop

Friday 13 May
10.00 am
Palmerstown Library Digital Hub

A one and a half hour workshop with Margaret Goulding to create your own unique greeting cards. Booking Essential at www.palmerstownlibrary.eventbrite.ie

Palmerstown Library Digital Hub
01 467 8909

Music to my Ears

Friday 13 May
11.00 am
Peamount Hospital

RAMS in Rhythm will sing and entertain at Peamount on 13th May 2022 for the enjoyment of staff, patients, visitors, local community. Irish and Country & Western songs.

RAMS
086 844 3820



Bealtaine Bingo

Friday 13 May
7.00 pm

Dominic's Community Centre

Bealtaine Bingo – Come along to our bingo night. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

Live History Show: Behind Glass

Saturday 14 May
TIME TBC
Ballyroan Library

This exciting intergenerational show has escape room, theatre, and murder mystery elements. Expect to work with all your fellow audience members and the actors as you try to discover which historical figure has been causing chaos at the library! Booking Essential at www.ballyroanlibrary.eventbrite.ie

Ballyroan Library
01 494 1900

Your Experience Counts - Volunteer Recruitment Event

Monday 16 May
10.00 am
Tallaght Library

Your life experience counts so make it matter and think about Volunteering! Join us(and a range of local Organisations looking for volunteers) anytime between 10 and 1 to find out how you can get involved and make a difference. Would you like to volunteer your time? Find out more at the South Dublin County Volunteer Information Stand. All Welcome.

Colette Gallagher
086 703 6768



Supporting the health and wellbeing for people living with a Respiratory illness

Tallaght University Hospital will present a health and wellbeing workshop which aims to support people living with chronic respiratory illness in the Community and their carers.

Come along to meet the experts from our respiratory department who will provide information on different types of respiratory diseases such as asthma, COPD and interstitial lung disease.

There will be an opportunity to ask questions about various respiratory diseases and where to access support and information. There will be practical demonstrations of the correct use of respiratory therapies such as inhalers, Nebulisers and oxygen therapy.

Monday 16th May 2022

County Library

Conference Room, Library Square, Tallaght.

10:30 am - 1.00 pm

Registration: 10.15 am sharp

Places are limited and booking is essential

Contact: Social Inclusion Unit, 01 414 9270

Email: socialinclusionunit@sdblincoco.ie

Bealtaine Festival 2022 Events

Knitting and Crochet Club

Monday 16 May

10.00 am

North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome.

North Clondalkin Library

01 414 9269

Stitched Together Craft Group

Monday 16 May

11.00 am

Ballyroan Library

Join us at Ballyroan Library for our weekly craft skills share sessions. All Welcome!

Ballyroan Library

01 494 1900

Bealtaine Inclusion Morning

Monday 16 May

10.30 am

Newcastle Community Hall

The ladies social group Newcastle would like to welcome all to a social Monday morning to join us in our ukulele playing, singing and dancing with some coffee/tea, scones and light refreshments.

Ladies Social Group

Newcastle

087 296 9234

Chair Yoga

Monday 16 May

2.30 pm

Dominic's Community Centre

4 weeks of Chair Yoga sessions. Places are limited so booking is essential.

Dominic's Community Centre

01 459 0770





‘A Wander with Leopold Bloom through Nighttown’ (Circe, Episode 15) with facilitator Roslyn Hickey

Monday 16 May
7.00 pm
Lucan Library

Why not accept Zoe’s invitation to meet Leopold Bloom as he wanders the brothels and seedy streets of Nighttown (Circe, Episode 15 from ‘Ulysses’ by James Joyce).

This workshop is for the adult reader who is new to this work. However, prior reading of the text and some preparation will be required before the commencement of each session. The ethos is participative, good humoured and relaxed ; all contributions are encouraged and welcome. Participants are required to keep their videos on. Booking Essential.

Lucan Library
01 621 6422

Gardening Skills Workshop

Monday 16 May
7.00 pm
Dominic's Community Centre

Gardening skills workshop: Learn how to plant a variety of different things including herbs, flowers and vegetables. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770



Bealtaine Festival 2022 Events

Past & Present, A New Hope

Tuesday 17 May
10.00 am

St. Jude's Church Parish Hall

We have approximately 80 members in our Shed, and have come through an extremely difficult time in the last two years.

Now, we can get back together, "le chéile arís", and enjoy our shared interests.

Our event will showcase our musical talents and our arts / crafts.

Most important is the chance to come together and enjoy the experience.

**Templeogue Community
Men's Shed
086 313 6808**



Bealtaine Mandela

Tuesday 17 May
10.00 am

Ronanstown Women's CDP

Do you want to get creative with like-minded women? Come along to our Bealtaine Mandela Workshop where we will chat and paint in a fun women's house. No previous art experience is needed. Indoor/ outdoor room. Followed by a Light Lunch.

**Ronanstown Women's CDP
087 398 1477**

Outdoor Yoga

Tuesday 17 May
11.00 am

St. Michael's House

We will host outdoor yoga workshops where members can get in touch with nature whilst practising breathing techniques and gentle yoga movement in a relaxed environment.

**Open to members of St.
Michael's House only.**

**Debbie Doyle
01 490 0936, Ext 7**



Award Winning Leisure Centres

Pay as you go and memberships for all

Swimming Lessons

Leisure Swims

Fitness classes

Children's Parties

Children's Camps

Sports Halls

All Weather Pitches

Coffee Shop

And Lots More..

Living for Life

Our popular Living for Life class for over 55's incorporates exercise and games in a fantastic atmosphere followed by tea /coffee for only €3.50.

Senior Swims

Share a rewarding feeling of well-being with others in our over 55's senior swims for only €3.50.



**FOR FURTHER
INFORMATION CONTACT:**

Tallaght Leisure Centre

Ph: 01 452 3300 www.tallaghtleisure.com

Clondalkin Leisure Centre

Ph: 01-4574858 www.clondalkinleisure.com





South County Dublin Leisure Services



Be Active & Stay Healthy

Join in with a range of activities
for the **OVER 55's** at

Clondalkin Leisure Centre
Tallaght Leisure Centre

Ph: 01-4574858
Ph: 01-4523300



South County Dublin Leisure Services

Why Exercise?

- to have fun and meet friends.
- to increase healthy life expectancy.
- to improve mobility for daily living.



Senior Specials Include:

Living the Life Fitness Class & Activities

- Clondalkin Leisure Centre: Thursday 11am. Cost €3.50 (Includes Tea/Coffee)
- Tallaght Leisure Centre: Tuesday & Friday 12pm. Cost €3.50 (Includes Tea/coffee)

Senior Swim/Sauna & Steam:

- Clondalkin Leisure Centre: Monday & Friday 10.30am. Cost €3.50
- Tallaght Leisure Centre: Tuesday, Wednesday & Thursday 9.45am. Cost €3.50

Active Age Membership:

Discounted membership rates include the use of the gym/pool and all timetabled fitness and Aquafit classes and personalised fitness programme.

For further information contact:

Clondalkin Leisure Centre

www.clondalkinleisure.com

Tallaght Leisure Centre

www.tallaghtleisure.com

Bealtaine Festival 2022 Events

Self-Care incl. Tai Chi

Tuesday 17 May

4.00 pm

Dominic's Community Centre

Join us for 5 weeks of Self-care sessions including Tai Chi. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

A look back in time

Wednesday 18 May

10.00 am

The Park Community Centre

A look back in time - Join us for a wonderful event covering the history of Firhouse and surrounding areas. How has it changed over the years. Booking essential.

The Park Community Centre
01 462 0042



Digital Folklore and Storytelling Course

Wednesday 18 May

10.00 am

Ballyroan Library

Calling all those with an interest in history and folklore. Join Michael Fortune for the start of this eight-week online course which will teach you how to capture and share these stories with easy-to-use technology (e.g. smart phones, tablets and pcs). This course is supported by the Creative Ireland Programme South Dublin County Council.

Booking essential at www.ballyroanlibrary.eventbrite.ie.

Ballyroan Library
01 494 1900

Creativity is
contagious, pass it on.
- Albert Einstein



Jobstown Tea Dance

Wednesday 18 May

12.00 noon

Jobstown Community Centre

Senior Citizens of Jobstown will have a dance organised in the main hall with refreshments, tea & coffee, and an assortment of delicacies with the hope we will attract new older people to our senior citizens group or knitting group. Old time dance 40/50/60s music with refreshments.

Jobstown Community Centre

085 873 3263



Poetry at Lunchtime

Wednesday 18 May

10.00 am

Ballyroan Library

Join us for a reading with local poet Daragh Bradish and you'll also get a chance to step up to the mic to read your own poetry, your favourite poem or reminisce about poems you learned at school. All Welcome!

Ballyroan Library

01 494 1900

Art with Linda

Wednesday 18 May

2.00 pm

Dominic's Community Centre

4 weeks of Art Classes. Places are limited so booking is essential. All welcome.

Dominic's Community Centre

01 459 0770



Bealtaine Festival 2022 Events

Meditation at the Library

Wednesday 18 May

6.45 pm

North Clondalkin Library

Guided meditation at North Clondalkin Library. All welcome.

North Clondalkin Library

01 414 9269

Drumming workshop for adults with Thomas Annang

Thursday 19 May

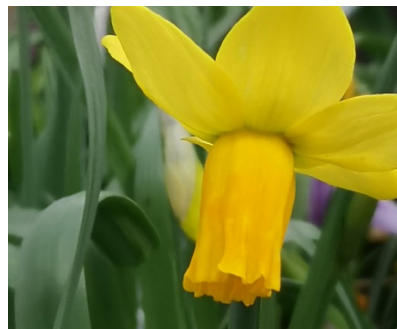
10.30 am

North Clondalkin Library

Booking Essential on 01 414 9269.

North Clondalkin Library

01 414 9269



Informal Music Session

Thursday 19 May

10.30 am

North Clondalkin Library

Join us for an informal music session. You can join in and sing, play an instrument or just listen. All welcome.

North Clondalkin Library

01 414 9269

Try the Tech Thursday

Thursday 19 May

1.00 pm

Palmerstown Library Digital Hub

Drop in to the Palmerstown Digital Hub at any time and have a go on a PC, Tablet or 3D Printer. Find out about using the libraries' ebooks, emagazines and more on your own device. All Welcome.

**Palmerstown Library Digital
Hub**

01 467 8909



Line Dancing

Thursday 19 May

2.00 pm

Dominic's Community Centre

4 weeks of Line Dancing Classes. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

Chair Yoga with Sally Dunn

Thursday 19 May

2.15 pm

Tallaght Library

Get some exercise with this 4 week chair yoga course with Sally Dunn. Booking Essential.

Tallaght Library
01 462 0073



Table Quiz

Thursday 19 May

7.00 pm

Dominic's Community Centre

Special Bealtaine Edition of our monthly quiz. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

Knitting and Crochet Club

Friday 20 May

10.00 am

North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome.

North Clondalkin Library
01 414 9269

Bealtaine Festival 2022 Events

Adult Craft Class

Friday 20 May
10.30 am
Lucan Library

Join Margaret Goulding for an in person craft class at Lucan Library. Booking Essential at www.lucanlibrarydublin.eventbrite.ie

Lucan Library
01 621 6422

Afternoon Tea Dance for Older People

Friday 20 May
1.00 pm
Knockmitten Youth and Community Centre

A tea dance will be held in Knockmitten Youth and Community Centre on Friday May 20th from 1pm to 4pm for our Senior groups. Some fun, music and dance will be had by all.

Knockmitten Youth and Community Centre
01 411 1511

Sing, Dance and Be Merry

Saturday 21 May
12.00 noon
Mill Centre, Clondalkin

Music and Entertainment by RAMS in Rhythm
Mill Centre Clondalkin
Saturday 21st May at 12 noon until 3 pm.

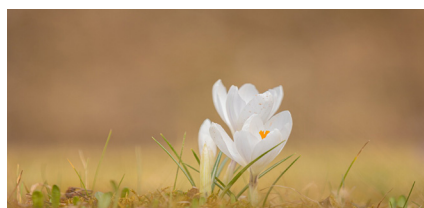
RAMS
086 844 3820

Knitting and Crochet Club

Monday 23 May
10.00 am
North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome.

North Clondalkin Library
01 414 9269



Stitched Together Craft Group

Monday 23 May
11.00 am

Ballyroan Library

Join us at Ballyroan Library for our weekly craft skills share sessions. All Welcome!

Ballyroan Library
01 494 1900

Chair Yoga

Monday 23 May
2.30 pm

Dominic's Community Centre

4 weeks of Chair Yoga sessions. Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770



'A Wander with Leopold Bloom through Nighttown' (Circe, Episode 15) with facilitator Roslyn Hickey

Monday 23 May
7.00 pm

Lucan Library

Why not accept Zoe's invitation to meet Leopold Bloom as he wanders the brothels and seedy streets of Nighttown (Circe, Episode 15 from 'Ulysses' by James Joyce).

This workshop is for the adult reader who is new to this work. However, prior reading of the text and some preparation will be required before the commencement of each session. The ethos is participative, good humoured and relaxed ; all contributions are encouraged and welcome. Participants are required to keep their videos on. Booking Essential.

Lucan Library
01 621 6422

Bealtaine Festival 2022 Events

Gardening Skills Workshop

Monday 23 May

7.00 pm

Dominic's Community Centre

Gardening skills workshop:
Learn how to plant a variety
of different things including
herbs, flowers and vegetables.
Places are limited so booking is
essential.

Dominic's Community Centre
01 459 0770

Self-Care incl. Tai Chi

Tuesday 24 May

4.00 pm

Dominic's Community Centre

Join us for 5 weeks of Self-
care sessions including Tai Chi.
Places are limited so booking is
essential.

Dominic's Community Centre
01 459 0770



Golden Moments Social Club Big Quiz

Wednesday 25 May

10.30 am

Ballyroan Library

Test your knowledge with our
fun quiz. Bring a friend or just
come along yourself. You might
even win a prize! All Welcome.

Ballyroan Library
01 494 1900



Art with Linda

Wednesday 25 May

2.00 pm

Dominic's Community Centre

4 weeks of Art Classes. Places
are limited so booking is
essential. All welcome.

Dominic's Community Centre
01 459 0770



Drumming Workshop

Wednesday 25 May

2.00 pm

Unit 12 Block 1 Weavers Court
Neilstown Rd

A fun, relaxing and creatively stimulating Drumming Workshop. This workshop will take people out of their heads and literally into their hands, feet and other senses.

Participants will feel a great sense of uplift and empowerment as they hear the full rhythm emerge from the individual parts. The rhythms chosen are engaging, mesmerising and uplifting. There is a beautiful and timeless atmosphere shared together when the whole group locks into the rhythm and groove together.

Women's Collective Liffey Valley

086 200 1402

Meditation at the Library

Wednesday 25 May

6.45 pm

North Clondalkin Library

Guided meditation at North Clondalkin Library. All welcome.

North Clondalkin Library

01 414 9269

Coffee Morning

Thursday 26 May

10.30 am

North Clondalkin Library

Call into North Clondalkin Library for a cuppa and a chat. Board games and puzzles available. All welcome.

North Clondalkin Library

01 414 9269



Bealtaine Festival 2022 Events

Try the Tech Thursday

Thursday 26 May

1.00 pm

Palmerstown Library Digital Hub

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Palmerstown Library Digital Hub

01 467 8909

Line Dancing

Thursday 26 May

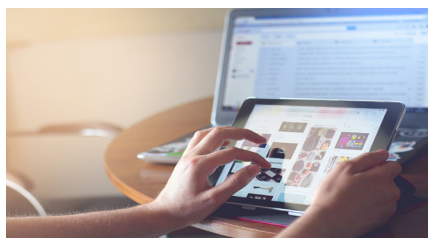
2.00 pm

Dominic's Community Centre

4 weeks of Line Dancing Classes. Places are limited so booking is essential.

Dominic's Community Centre

01 459 0770



Chair Yoga with Sally Dunn

Thursday 26 May

2.15 pm

Tallaght Library

Get some exercise with this 4 week chair yoga course with Sally Dunn. Booking Essential.

Tallaght Library

01 462 0073

Intergenerational Bingo

Thursday 26 May

4.30 pm

Dominic's Community Centre

Intergenerational Bingo – come along and join us for an afternoon of Bingo. Grandchildren are more than welcome to join you as well. Places are limited so booking is essential.

Dominic's Community Centre

01 459 0770

Knitting and Crochet Club

Friday 27 May

10.00 am

North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome.

North Clondalkin Library

01 414 9269



Knitting and Crochet Club

Monday 30 May

10.00 am

North Clondalkin Library

Work on your knitting and crochet projects with a group of experienced crafters. All welcome.

North Clondalkin Library

01 414 9269

Stitched Together Craft Group

Monday 30 May

11.00 am

Ballyroan Library

Join us at Ballyroan Library for our weekly craft skills share sessions. All Welcome!

Ballyroan Library

01 494 1900

Ag Damhsa Le Chéile Áris

Monday 30 May

2.00 pm

Quarryvale Family Resource Centre

Quarryvale FRC is holding a celebration tea dance to reconnect with old friends and make some new.

Come and enjoy live music, learn some new dance moves, and sample a delicious afternoon tea.

The event is free but registration is necessary. Please call us on 01 626 9151.

Quarryvale Family Resource Centre

01 626 9151

Bealtaine Festival 2022 Events

Chair Yoga

Monday 30 May

2.30 pm

Dominic's Community Centre

4 weeks of Chair Yoga sessions.
Places are limited so booking is essential.

Dominic's Community Centre
01 459 0770

Gardening Skills Workshop

Monday 30 May

7.00 pm

Dominic's Community Centre

Gardening skills workshop:
Learn how to plant a variety
of different things including
herbs, flowers and vegetables.
Places are limited so booking is
essential.

Dominic's Community Centre
01 459 0770



'A Wander with Leopold Bloom through Nighttown' (Circe, Episode 15) with facilitator Roslyn Hickey

Monday 30 May

7.00 pm

Lucan Library

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This workshop is for the adult reader who is new to this work. However, prior reading of the text and some preparation will be required before the commencement of each session. The ethos is participative, good humoured and relaxed ; all contributions are encouraged and welcome. Participants are required to keep their videos on. Booking Essential.

Lucan Library
01 621 6422

Positivity Pots

Tuesday 31 May

10.30 am

Ballyowen Castle Youth and
Community Centre

The event is glass pot painting and decorating. Each participant will get a pot to bring home to collect positive memories throughout the year.

Promoting positive thinking in our day to day lives and bringing awareness to the small things in life.

Lucan Women's Network

01 557 6173



Self-Care incl. Tai Chi

Tuesday 31 May

4.00 pm

Dominic's Community Centre

Join us for 5 weeks of Self-care sessions including Tai Chi. Places are limited so booking is essential.

Dominic's Community Centre

01 459 0770



Contact

South Dublin County Council Enquiries

Housing, Social and Community
Development Department
Email

01 414 9270
comdevof@sdblincoco.ie

Social Inclusion Unit

Paula Swayne, A/ Administrative Officer
Rachel Keogh, Clerical Officer

086 829 2443
01 414 9270 Ext: 3362

Sports and Recreation

Ciaran Farrelly

086 464 9504

Older People's Council

Paula Swayne

086 829 2443

South Dublin County Sport Partnership

Thos McDermott

086 044 1071

South Dublin County Libraries

Breid Ryan, Age Friendly Ambassador
Email

01 462 0073
libdevoff@sdblincoco.ie

South Dublin County Council Disability Liaison and Access Officer

Selina Bonnie
Email

01 414 9041
sbonnie@sdblincoco.ie

Community Development Team

General

01 414 9156

Senior Community Officer

Paul McAlerney

Ext: 3306

Tallaght South Area Team

Andrea Molloy

Ext: 4316

Tallaght Central, Rathfarnham, Templeogue and Terenure Area Team

Su Clarke

Ext: 3378

Clondalkin and Lucan Area Team

Bernadette Kaluzny

Ext: 2340

Claire Morrissey

Ext: 3382

Luke Collins

Ext: 3380

Healthy Age Friendly Homes Coordinator

Mary Roach

085 862 2839

mroach@sdblincoco.ie

bea(taine)festival

celebrating creativity as we age

Do we know you?

Are you a community group that we are not aware of?

If so, please send us your contact details at

socialinclusionunit@sdublincoco.ie if you would like to be kept up-to-date with information about any future events.

Funding Opportunities

You can find information about Community funding opportunities on our website www.sdcc.ie. All information can be found under the [Funding and Support section](#) of the Community page.

Older People's Council

The Older People's Council provides a means by which older adults can take a more active role in their communities and have their voices heard. If you are interested in getting involved, please contact Paula Swayne on 086 829 2443 or email pswayne@sdublincoco.ie.