

Seachtain ar Chuimsiú Sóisialta **Social Inclusion Week** Ag Ceiliúradh deich mbliana **Celebrating**



i gContae Bhaile Átha Cliath Theas
South Dublin County

16 Samhain go dtí 22 Samhain 2015 16 November – 22 November 2015
Ag Laghdú an Eisiaimh, an Bhochtaineacht agus na hÉagothroime i gContae Bhaile Átha Cliath Theas
Reducing Exclusion, Poverty and Inequality in South Dublin County



Visit our website at www.sdcc.ie

 [sdublincoco](https://twitter.com/sdublincoco)

 [SouthDublinCountyCouncil](https://www.facebook.com/SouthDublinCountyCouncil)





Introduction to Social Inclusion Week by Mayor Sarah Holland

Tá an-áthas orm an bróisiúr ar an tSeachtain um Chuimsiú Sóisialta a sheoladh agus ba mhaith liom aitheantas agus buíochas a thabhairt do na gníomhaireachtaí agus na heagraíochtaí rannpháirteacha go léir ar fud an Chontae.

Is é atá i gceist leis an gCuimsiú Sóisialta ná sochaí a chruthú ina mothaíonn gach duine go bhfuil siad rannpháirteach, go hiomlán agus go cothrom, i ngach gné den saol. Tá Comhairle Contae Átha Cliath Theas tiomanta do na hiarrachtaí chun an caighdeán maireachtála a choinneáil agus a fheabhsú, do gach duine atá ina chónaí sa Chontae.

Ba mhaith liom gach duine a spreagadh le bheith rannpháirteach sna himeachtaí atá beartaithe agus le cabhrú ionas go n-éireoidh leis an tSeachtain um Chuimsiú Sóisialta i mbliana.

I am delighted to introduce the Social Inclusion Week Brochure 2015. I would like to acknowledge and thank all participating agencies and organisations throughout the County.

Social Inclusion is about creating a society where everyone experiences full and equal participation in all aspects of life. South Dublin County Council remains committed to sustaining and enhancing efforts to improve the quality of life of all residents in the County.

I encourage everyone to get involved in the planned activities and to help make Social Inclusion Week 2015 a success.

Lainseálfaidh an Méara Sarah Holland An tSeachtain Feasachta um Chuimsiú Sóisialta Dé Luain 16 Samhain 2015 ar 12.00 noon i Halla an Chontae, Tamhlacht. Tá Comhairle Contae Átha Cliath Theas ag obair chun cúrsaí míbhuntáiste a laghdú agus chun feabhas a chur ar cháilíocht na beatha do gach duine atá ina chónaí sa Chontae.

Mayor Sarah Holland will officially launch South Dublin County Council Social Inclusion Week on Monday 16 November 2015 at 12.00 noon in County Hall, Tallaght. South Dublin County Council is working to minimise disadvantage and improve the quality of life for all residents in the County.

Mayor Sarah Holland



Chief Executive's Daniel McLoughlin Message

I am delighted to have this opportunity to mark the 10th Anniversary of South Dublin County's annual Social Inclusion Week which has been running each November since 2006. Each year there has been a steady growth of strategic partners from the community and other agencies, increasing the level of participation and the quality of events. The number of groups and communities engaging with the event has increased dramatically.

Significant progress has been made across a wide range of areas over the past number of years. Children, people of working age, older people, Travellers, disabled people and migrant communities have all benefited from improved access to services.

However, more is needed to achieve the reduction of poverty and inequality in society. As a Local Authority we are conscious of the need to keep this issue top of our agenda and to continue to influence policy and awareness. There is also the need to improve linkages between those charged with responsibility for social inclusion throughout South Dublin County. We continue to work in a collaborative fashion to minimise the recessionary impacts on those most marginalised in our community.

We believe that Social Inclusion Week is a great opportunity to highlight our commitment to ensure better quality of life and health for all our residents in South Dublin County into the future.

We want to reiterate our commitment to social inclusion projects and activities throughout the county. Social Inclusion Week has proven to be the platform for the establishment of ongoing activities in response to the needs articulated by our communities.

We are delighted to announce that Social Inclusion Week has been shortlisted for Chambers Ireland Excellence in Local Government Awards 2015 under the category Supporting Active Communities.

A handwritten signature in blue ink, appearing to read 'Daniel McLoughlin', written over a horizontal line.

Chief Executive Daniel McLoughlin

What is Social Inclusion?

Social Inclusion is “the process which ensures that those at risk of poverty and social exclusion gain the opportunities and resources necessary to participate fully in economic, social and cultural life and enjoy a standard of living and well being that is considered normal in the society in which they live”.

***(Joint Report by the Commission and the Council on Social Inclusion,
Office for Official Publications of the European Union).***

Who is at risk of Social Exclusion?

Ireland’s National Action Plan for Social Inclusion 2007 – 2016 identifies seven groups as being at greater risk of social exclusion.

Older People	Ethnic Minorities
Disabled People	Women
Children and Young People	Travellers
LGBT (Lesbian, Gay, Bisexual and Transgender)	

Why Social Inclusion Week?

The purpose of South Dublin County Social Inclusion Week is to highlight and promote the positive work that South Dublin County Council is involved in to reduce social exclusion and poverty. It is a programme of events organised by the Social Inclusion Unit, Community Services Department to highlight the diversity and creativity of people in South Dublin County. The Unit reaches out into all sections of community, connecting many people and groups who are normally isolated and on the margins. It is an opportunity for people to learn new skills, share ideas and participate in their community.

Monday 16 November

Time: 10.00 am - 11.30 am

Venue:

Dominics Community Centre,
Tallaght

Contact:

Deirdre Cleary

Telephone:

01 459 0770

Create your own Artbook

Create a unique book for your child. Materials will be provided.

Time: 10.00 am - 12.00 noon

Venue:

Áras Rualach, Clondalkin

Contact:

Bernie Beatley

Telephone:

01 623 0574

Mandala Art and Meditation

Mandala is an ancient Sanskrit word meaning circle, or container for essence, energy and spirit. Creating a Mandala connects us with our true nature, centering us fully in the energy of the present moment. Experience clarity, harmony, peace and inner happiness as you work with your mandala.

Time: 10.30 am - 12 noon

Venue:

Lucan Library, Supervalu
Shopping Centre, Newcastle
Road, Lucan

Contact:

Catherine Gallagher

Telephone:

01 621 6422

Knitting Club

An informal group for people to share crafts and learn a new skill. All are welcome.



Fact: Did you know that one in four Irish people have literacy difficulties?

Monday 16 November

Time: 10.00 am - 12.00 noon

Venue:

Fettercairn Community
Centre, Tallaght

Contact:

Shay L'Estrange

Telephone:

086 677 5078

Computer Classes for beginners

Three day course (Monday, Tuesday and Friday).

Time: 10.30 am - 12.30 pm

Venue:

Clondalkin Intercultural Centre,
15 Tower Road, Clondalkin

Contact:

Lyuba Moore

Telephone:

01 457 7213

Kolam Workshop

Kolam is an Indian ancient art created by using rice, flour, chalk and white rock powder. Kolam is all about symmetry, precision and complexity. Places are limited. Booking is essential.

Time: 10.30 am - 12.30 pm

Venue:

Newcastle Community Hall,
Newcastle, Co. Dublin

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 043 1779

Social Inclusion Morning

A morning of singing and dancing held by Newcastle Ladies Club. Refreshments will be served. Everybody is welcome.



Active Retired Ladies



BJ Dela LA Galaxy Footballer

Monday 16 November

Time: 10.30 am - 12.30 pm

Venue:

WEB Project, Whitechurch
Library, Taylor's Lane,
Ballyboden, Dublin 16

Contact:

Paula Carroll

Telephone:

01 495 2020

Music and Dance workshop and music quiz

Music and Dance workshop for disabled adults. Light refreshments will be served.

Time: 11.00 am - 12.00 noon

Venue:

County Library, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 043 1779

Art workshop

Local artist Annette Woolley will facilitate a two day practical art session. No artistic genius necessary. Materials will be provided, just bring your imagination. All are welcome. Booking is essential.



Fact: Did you know that this is the 10th anniversary of the first Social Inclusion Week?



Fact: South Dublin County Council is the first Local Authority to be a Literacy Friendly Local Authority.



Monday 16 November

Time: 12.00 noon - 1.00 pm

Venue:

Council Chamber, County Hall,
Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Launch of Social Inclusion Week by Mayor Sarah Holland

Our special guest is Ruth Scott, 2 FM Radio Presenter. This will be followed by the launch of the 55 plus Active Countywide booklet and a presentation of certificates to active retired who have completed a computer course. Light refreshments will be served.

Time: 12.30 pm - 2.00 pm

Venue:

Lucan Library, Supervalu
Shopping Centre, Newcastle
Road, Lucan

Contact:

Catherine Gallagher

Telephone:

01 621 6422

Drama Workshop

This is an opportunity to develop your creativity and imagination and meet new people through the medium of drama.



CEO Leinster Cricket, Leinster Rugby and
Dublin GAA County Board and Mayor



Chinese Dance Group

Monday 16 November

Time: 6.00 pm

Venue:

South Dublin Arts Centre, Rua Red, Tallaght

Contact:

Tara Hamilton

Telephone:

085 110 8331

Autism Spectrum Disorder Drama Club Workshop

The workshop will give young people the opportunity to have fun while practicing social skills and recognising emotions in a safe environment through drama.

Time: 6.30 pm - 8.00 pm

Venue:

Lucan Library, Supervalu Shopping Centre, Newcastle Road, Lucan

Contact:

Catherine Gallagher

Telephone:

01 621 6422

Power up Workshop

A workshop for parents and children in fifth and sixth class to help prepare for the transition to Secondary School.



Fact: The population of South Dublin County is 265,205 and 8.7% is over 65 years. In 2002, this was 6.2%.



Tuesday 17 November

Time: 10.00 am - 12.00 noon

Venue:

Áras Rualach, Clondalkin

Contact:

Bernie Beatley

Telephone:

01 623 0574

Felt Making Classes with Colleen

A morning of creativity using felt as the tool.

Time: 10.00 am - 12.00 noon

Venue:

Round Tower GAA Club,
Convent Road, Clondalkin

Contact:

Clare Morgan

Telephone:

086 327 4323

Coffee and Music Morning

Clondalkin Active Retirement Bright Side of Life Choir will perform. Light refreshments will be served. All are welcome.

Time: 10.00 am - 12.00 noon

Venue:

County Library, Tallaght

Contact:

Margaret Bentley

Telephone:

01 462 0073

Drama for over 55's

All are welcome.



David Bobbet

Tuesday 17 November

Time: 10.00 am - 12.00 noon

Venue:

Intercultural Drop-in Centre,
Mountain Park, Tallaght

Contact:

Zuzana Tesarova

Telephone:

087 248 6392

Coffee Morning and Cake Sale

Participants of the centre will bake cakes that are traditional in their own country. You will also get information about volunteering opportunities in the centre.

Time: 10.00 am - 2.00 pm

Venue:

Greenhills College,
Walkinstown, Dublin 12

Contact:

Isabel O' Brien

Telephone:

01 450 7779

Multicultural Day

This is an open day in Greenhills College to celebrate the various cultures and traditions of the students in the school.



Georgian Dance Group



Fact: The percentage of Irish people living in consistent poverty in 2013 was 8.2% and this is up from 4.2% in 2008.

Tuesday 17 November

Time: 10.30 am - 12.30 pm

Venue:

WEB Project, Whitechurch Library, Taylor's Lane, Ballyboden, Dublin 16

Contact:

Paula Carroll

Telephone:

01 495 2020

No Bake Cakes

Baking workshop with cake decorations for adults with Intellectual disabilities.

Time: 11.00 am

Venue:

Scoil Mhuire, Ballyboden, Dublin 16

Contact:

Bronagh O'Gorman

Telephone:

086 601 4589

Coffee Morning

Foroige members will host a coffee morning in their school inviting local older people and children with special needs to participate and create a greater sense of community and include everyone.



David Slevin CEO Tallaght Hospital



Dr. Catherine Darker Adelaide Assistant Professor in Health Service Research Trinity College Dublin



Fact: Did you know that the first Social Inclusion Week took place in November 2006?

Tuesday 17 November

Time: 11.00 am - 12.30 pm

Venue:

Phoenix Clubhouse,
Monastery Road, Clondalkin

Contact:

Niamh Coady

Telephone:

01 467 0632

Art workshop

Join Artist Annette Woolley and Phoenix Clubhouse to create a garden art feature to represent social inclusion for those needing support with mental health. Our art workshop will be followed by afternoon tea for all to enjoy our new creation as we celebrate social inclusion, getting involved in the community and staying connected.

Time: 12.00 noon - 1.00 pm

Venue:

County Library, Tallaght

Contact:

Barbara Coughlan

Telephone:

01 462 0073

Bouncy Baby Club

As part of our early literacy programme, join us for rhymes, songs and fun for you and your bouncy baby. Booking is essential.



Fact: The percentage of people over 65 living alone in South Dublin County is 22.2%. The national average is 27.7%.

Tuesday 17 November

Time: 2.00 pm - 5.00 pm

Venue:

Dominics Community Centre, Tallaght

Contact:

Deirdre Cleary

Telephone:

01 459 0770

Social Inclusion Art Workshop

Design your own social inclusion canvas. Booking is essential.

Time: 3.00 pm - 4.00 pm

Venue:

Council Chamber, County Hall, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 043 1779

Presentation of Prizes for children's competition

Mayor Sarah Holland will present the prizes to the young children who participated in the Social Inclusion Competition celebrating ten years of Social Inclusion Week.

Time: 7.00 pm - 9.00 pm

Venue:

Crosscare Clondalkin Youth Service, Bawnogue Youth and Community Centre, Clondalkin

Contact:

Emma Tyrrell

Telephone:

01 413 6886

Youth Inclusion Evening

An evening for young people aged 12 to 16 years to meet new friends.



Councillor Kenneth Egan



Fact: The percentage of people at risk of poverty in South Dublin County is 8.3%. The national average is 14.1%.

Tuesday 17 November

Time: 7.45 pm - 9.45 pm

Venue:

Crosscare Clondalkin Youth Service, Srúleen Parish Centre, Green Park, Clondalkin

Contact:

Vincent Jackson

Telephone:

01 459 4666

Youth Social Evening

Social evening for young people aged 13 to 15 years with games and music.

Time: 8.00 pm - 10.00 pm

Venue:

Adamstown Community College, Adamstown, Lucan

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 043 1779

Launch of Adamstown Social History Book Adamstown: My Home (the story of Adamstown of women who call Adamstown home)

Local communities share their personal stories about living in Ireland. Ms. Frances Fitzgerald, T.D. Minister for Justice will launch the book.



Wednesday 18 November

Time: 10.30 am - 12.30 pm

Venue:

WEB Project, Whitechurch Library, Taylor's Lane, Ballyboden, Dublin 16

Contact:

Paula Carroll

Telephone:

01 495 2020

Holistic Taster for disabled adults

Join us to experience holistic treatments such as massage, reflexology and hand massage for disabled adults.

Time: 11.00 am - 12.00 noon

Venue:

Lucan Library, Supervalu Shopping Centre, Newcastle Road, Lucan

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Love, Light and Laughter

A workshop facilitated by Eileen Casey, promises a relaxed, informal atmosphere celebrating the bringing of light into our lives during these dark November days.

Time: 11.00 am - 1.00 pm

Venue:

The Farm, St. Mark's Youth and Family Centre, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Gardening with Klaus

A workshop exploring organic gardening and it's benefits.



Kevin F. O'Malley, U.S. Ambassador to Ireland

Wednesday 18 November

Time: 11.30 am - 12.30 pm

Venue:

South Dublin Art Centre,
Rua Red, Tallaght

Contact:

Gerry O'Connor

Telephone:

01 499 3765

Zumba Class

Zumba dance and fitness class for the active retired.

Time: 12.30 pm - 1.30 pm

Venue:

Castletymon Library,
Castletymon Shopping Centre,
Tallaght

Contact:

Mary Byron

Telephone:

01 452 4888

English Class for Improvers

Time: 1.00 pm - 2.00 pm

Venue:

South Dublin Art Centre,
Rua Red, Tallaght

Contact:

Gerry O'Connor

Telephone:

01 499 3765

Zumba Dance and Fitness Class

Zumba dance and fitness class.



Fact: The percentage of children living in South Dublin County aged 5 – 12 years is 11.8%. The national average is 11%.

Wednesday 18 November

Time: 1.00 pm - 4.00 pm

Venue:

Áras Chrónáin, Watery Lane,
Clondalkin

Contact:

Brian Ó Gáibhín

Telephone:

01 457 4847

Old time Waltz

Afternoon of old time waltz, tea and scones.

Time: 2.00 pm - 3.00 pm

Venue:

South Dublin Senior Citizens
Club Kiltipper, Kiltipper Road,
Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Bagot Stack System of Exercise (four week course)

Bagot Stack is part dance, part exercise to energise and strengthen the whole body and is taught through The Fitness League.



Wednesday 18 November

Time: 2.00 pm - 4.00 pm

Venue:

An Cosan, Kitalown Village Centre, Jobstown, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 043 1779

NALA Health and Wellbeing For Life

Presentation of Certificates to participants in the Health and Wellbeing eight week for life course. (South Dublin County Council in partnership with National Adult Literacy Agency).

Time: 4.30 pm - 6.00 pm

Venue:

Big Picture, Tallaght

Contact:

Rita Comerford

Telephone:

086 835 8881

Speaking up for Social Inclusion

Tallaght Youth forum, a young participation group who aim to represent the youth in Tallaght, will have training in Restorative Practice and Youth Participation which will enable them to have meaningful consultations with young people in Tallaght and empower them to have the skills to participate.

Time: 5.00 pm - 6.00 pm

Venue:

Big Picture, Tallaght

Contact:

Laura Kelly

Telephone:

086 415 7969

Launch of Social Inclusion Film

Tallaght Youth forum will launch their film promoting social inclusion amongst their peers. The group consists of young people age 15 - 18 years from Tallaght.



Fact: The percentage of adolescents living in South Dublin County aged 13 – 19 years is 8.9%. The national average is 8.8%.

Wednesday 18 November

Time: 6.30 pm - 7.30 pm

Venue:

County Library, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Launch of “Circle and Square”. A book edited by Tallaght Writer Eileen Casey.

An anthology featuring writers from all over South Dublin, published to celebrate the 25th Anniversary of the The Square Tallaght Shopping Centre. The Publication also features the work of Tallaght Photographic Society.

Time: 6.30 pm - 8.00 pm

Venue:

County Library, Tallaght

Contact:

Helen Fennell

Telephone:

01 462 0073

Hobby Hub

This informal craft group meet and discuss craft ideas in all craft disciplines. Beginners are welcome to come along to improve or learn a new skill in a social setting.



Thursday 19 November

Time: 10.00 am - 11.00 am

Venue:

Castletymon Library,
Castletymon Shopping Centre,
Tallaght

Contact:

Mary Byron

Telephone:

01 452 4888

Computer Classes for Beginners

Time: 10.00 am - 11.30 am

Venue:

Clondalkin Library,
Monastery Road, Clondalkin

Contact:

Helen McMahon

Telephone:

01 459 3315

Cherishing all the children

A creative writing workshop with Colm Keegan, who works extensively with young people, based on a close reading of the proclamation. Open to Second level students.



Fact: Did you know at least 1 in 10 adults of working age have a disability (15-64 years)?



Social
Inclusion
Unit

10 Years of Social Inclusion



10 Years of Social Inclusion



10 Years of Social Inclusion



Celebration

Social Inclusion
through the Performing Arts

Dancing
Music
Drama
Comedy
and Lots More!

ADMISSION
€5.00

When: Sunday 22nd November 2015


Where: Civic Theatre, Tallaght


Time: Show starts at 8pm

Tickets available at the
Civic Theatre Box Office Tel: 01 462 7477
or book on line at www.civictheatre.ie



Visit our website at www.sdcc.ie

 [sdublincoco](https://twitter.com/sdublincoco)

 [SouthDublinCountyCouncil](https://www.facebook.com/SouthDublinCountyCouncil)

Monday 16 November

Create your own Artbook

Mandala Art and Meditation

Knitting Club

Computer Classes for Beginners

Kolam Workshop

Social Inclusion Morning

Music and Dance workshop and music quiz

Art workshop

Launch of Social Inclusion Week by Mayor Sarah Holland

Drama Workshop

Autism Spectrum Disorder Drama Club Workshop

Power up Workshop

Tuesday 17 November

Felt Making Classes with Colleen

Coffee and Music Morning

Drama for over 55's

Coffee Morning and Cake Sale

Multicultural Day

No Bake Cakes

Coffee Morning

Art workshop

Bouncy Baby Club

Social Inclusion Art Workshop

Presentation of Prizes for children's competition

Youth Inclusion Evening

Youth Social Evening

Launch of Adamstown Social History Book

Social Inclusion Week Exhibition

This photographic exhibition gives an insight in to Social Inclusion Week spanning the last ten years.

Venue: Reception Area, County Hall, Tallaght



Wednesday

18 November

Holistic Taster for disabled adults

Love, Light and Laughter

Gardening with Klaus

Zumba Class

English Class for Improvers

Zumba Dance and Fitness Class

Old time Waltz

Bagot Stack System of Exercise
(four week course)

NALA Health and Wellbeing For Life

Speaking up for Social Inclusion

Launch of Social Inclusion Film

Launch of "Circle and Square"

Hobby Hub

Thursday

19 November

Cherishing all the children

Computer Classes for Beginners

Pharmacy Healthcare Workshop

Trocaire Workshop

Straw Dolls Workshop

Smoothies and Juices

RAMS (Retired Active Men's Social)

Ballroom Dancing

Aura Soma - Colour for the Soul

Taster workshops

Reflexology and Hand Massage

Annette Halpin Tea Dance

Open evening for
Autism Spectrum Disorder

Foroige Stay Project

Hollywood Gala Night

Social Inclusion Open Evening

Open Youth Café

Youth Drop-In Night

Social Evening – Traditional Irish Music
Session for Adults

Friday 20 November

Mandala Art and Meditation

South Dublin Traveller Culture Schools Seminar

Coffee Morning

Create your own Artbook

Craft Classes with Joan Connolly

Jewellery Making Workshop

Love, Light and Laughter

Social Inclusion Morning

Intensive Fun Spoken Irish Course

Social Inclusion Evening

Saturday 21 November

Crafternoon Craftcircle

Intensive Fun Spoken Irish Course

Sports and Fun Day
for young people in Fettercairn

Chess Club for Children

Social Evening – Youth Drop-in
evening

Social Evening – Traditional Irish Music
Session for Adults

Sunday 22 November

Social Evening – Traditional Irish Music
Session for Adults

Celebration Social Inclusion
through the Performing Arts





10 Years of Social Inclusion



10 Years of Social Inclusion

Thursday 19 November

Time: 10.00 am - 12.30 pm

Venue:

Ronanstown CDP, 43
Collinstown Grove, Clondalkin

Contact:

Laura Maloney

Telephone:

01 457 0687

Pharmacy Healthcare Workshop

This workshop will cover "Pharmacy Healthcare" bringing the local community and the local Pharmacy together for Questions and Answers. Refreshments will be served.

Time: 10.00 am - 12.30 pm

Venue:

Áras Chrónáin, Watery Lane,
Clondalkin

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Trocaire Workshop

South Dublin County Council are hosting a global garden workshop. Participants will engage in conversations and exploration of global and local issues around soil, water, seed and food production.

Time: 10.30 am - 12.30 pm

Venue:

Clondalkin Intercultural Centre,
15 Tower Road, Clondalkin

Contact:

Lyuba Moore

Telephone:

01 457 7213

Straw Dolls Workshop

Straw and Flax Doll making is a popular Russian craft. Traditionally the dolls were made during the Maslenitsa celebration. Straw dolls were either dressed or decorated with coloured woollen yarn. Children tied small straw dolls to their necks, wrists and waists. Places are limited. Booking is essential.



Thursday 19 November

Time: 10.30 am - 12.30 pm

Venue:

WEB Project, Whitechurch
Library, Taylor's Lane,
Ballyboden, Dublin 16

Contact:

Paula Carroll

Telephone:

01 495 2020

Smoothies and Juices

Nutritious experiments with fruit and vegetables for adults with intellectual disabilities.

Time: 11.00 am - 1.00 pm

Venue:

Newcastle Community Hall,
Newcastle, Co. Dublin

Contact:

Matt Dowling

Telephone:

086 844 3820

RAMS (Retired Active Men's Social)

Social inclusion morning.

Time: 1.30 pm - 2.30 pm

Venue:

St. Andrew's Parish Church,
Lucan Village

Contact:

Sandra Hickey

Telephone:

01 414 9270 or 086 043 1779

Ballroom Dancing

A four week programme for beginners.



Fact: Did you know that there are two Intercultural Centres in the County, one in Tallaght and one in Clondalkin?

Thursday 19 November

Time: 2.00 pm - 3.00 pm

Venue:

Dominics Community Centre,
Tallaght

Contact:

Deirdre Cleary

Telephone:

01 459 0770

Aura Soma - Colour for the Soul

Colours and crystals restores, revitalises and helps rebalance ourselves at all levels.

Time: 2.00 pm - 4.00 pm

Venue:

An Cosan, Kitalown Village
Centre, Jobstown, Tallaght

Contact:

Imelda Hanratty

Telephone:

01 462 8488

Taster workshops

Come along and join in our taster workshops to include meditation, relaxation, dance and movement and lots of fun!

Time: 3.00 pm - 3.30 pm

Venue:

Dominics Community Centre,
Tallaght

Contact:

Deirdre Cleary

Telephone:

01 459 0770

Reflexology and Hand Massage

Applying pressure to specific points on the hand can help relieve stress.



Ruth Scott 2FM Radio Presenter



Fact: In Census 2011, 595,355 people recorded having a disability, equivalent to 13% of the population of Ireland.

Thursday 19 November

Time: 3.00 pm - 6.00 pm

Venue:

Red Cow Inn, Clondalkin

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 043 1779

Annette Halpin Tea Dance

A complimentary afternoon of music, dance, light refreshments and plenty of spot prizes!

Time: 6.00 pm - 7.00 pm

Venue:

Killinarden Community Centre,
Tallaght

Contact:

Tara Hamilton

Telephone:

085 110 8331

Open evening for formation of new group to support parents of teenagers and adults with Autism Spectrum Disorder

The purpose of the meeting is for individuals who wish to take an active role in the formation of this group.

Time: 7.00 pm - 9.00 pm

Venue:

Foroige Stay Project, Glenview
Lodge, Tallaght

Contact:

Maura Moran

Telephone:

086 833 8958

Foroige Stay Project

Three week programme for teenagers around personal development and social inclusion.

Time: 7.00 pm

Venue:

Louis Fitzgerald Hotel, Naas
Road, Dublin 22

Contact:

Clare Morgan

Telephone:

086 327 4323

Hollywood Gala Night in aid of LauraLynn Children's Hospice

Dress to impress! Entertainment by the fabulous Finbar Coady plus surprise guests. Admission by ticket only. Cost €20.00.

Thursday 19 November

Time: 7.30 pm - 9.30 pm

Venue:

Crosscare Clondalkin Youth Service, St. Ronan's Youth and Community Centre, St. Cuthbert's Road, Deansrath, Clondalkin

Contact:

Rebecca Nolan

Telephone:

01 457 8211

Social Inclusion Open Evening

Open evening for young people aged 13 to 15 years to meet new friends. Light Food will be served.

Time: 7.30 pm - 9.30 pm

Venue:

Crosscare Clondalkin, Youth Service, Monastery Road, Clondalkin

Contact:

John Gregg

Telephone:

01 459 4666

Open Youth Café

Open youth café for young people aged 13 to 17 years with music food and moving debate.



Fact: The percentage of schools and youth groups involved in the Youth Council / Comhairle na nÓg scheme is 28.3%.

Thursday 19 November

Time: 7.30 pm - 9.30 pm

Venue:

Crosscare Clondalkin, Youth Service, Knockmitten Youth and Community Centre, Clondalkin

Contact:

Jessica Ward

Telephone:

01 411 1511

Youth Drop-In Night

Youth Drop-in evening for young people aged 13 to 17 years with quiz.

Time: 9.00 pm

Venue:

Áras Chrónáin, Watery Lane, Clondalkin

Contact:

Brian Ó Gáilbhín

Telephone:

01 457 4847

Social Evening

Traditional Irish Music Session for Adults.



South Dublin Primary Schools

Friday 20 November

Time: 10.00 am - 12.30 pm

Venue:

Newcastle Community Hall,
Newcastle, Co. Dublin

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Mandala Art and Meditation

Mandala is an ancient Sanskrit word meaning circle, or container for essence, energy and spirit. Creating a Mandala connects us with our true nature, centering us fully in the energy of the present moment. Experience clarity, harmony, peace and inner happiness as you work with your mandala.

Time: 10.00 am - 1.00 pm

Venue:

South Dublin Arts Centre, Rua
Red, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

South Dublin Traveller Culture Schools Seminar

South Dublin County Council Traveller Culture School's project was launched during Traveller Pride week 2012. The project initiated by the Social Inclusion Unit seeks to promote positive relationships between Travellers and school children in local schools and seeks to develop the skills and confidence of local Travellers to facilitate conversations on Travellers' way of life and culture.

Time: 10.00 am - 1.00 pm

Venue:

Knockmitten Youth and
Community Centre, Monksfield
Lawns, Clondalkin

Contact:

Rita Harte

Telephone:

01 411 1511

Coffee Morning

Coffee morning in the centre. All are welcome!



Friday 20 November

Time: 10.30 am - 12.30 pm

Venue:

Menni Services, Exchange Hall, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Create your own Artbook

Create your own art book on social inclusion. Materials provided.

Time: 10.30 am - 12.30 pm

Venue:

Kingswood Community Centre, Tallaght

Contact:

Jackie Whyte

Telephone:

01 452 0590

Craft Classes with Joan Connolly

Time: 10.30 am - 12.30 pm

Venue:

WEB Project, Whitechurch Library, Taylor's Lane, Ballyboden, Dublin 16

Contact:

Paula Carroll

Telephone:

01 495 2020

Jewellery Making Workshop

Jewellery making for Adults with Intellectual Disabilities.



South Dublin County Council Councillors

Friday 20 November

Time: 11.00 am - 12.00 noon

Venue:

County Library, Tallaght

Contact:

Maria Finn or Sandra Hickey

Telephone:

01 414 9270 or 086 380 3060

Love, Light and Laughter

A workshop facilitated by Eileen Casey, promises a relaxed, informal atmosphere celebrating the bringing of light into our lives during these dark November days.

Time: 11.00 am - 1.00 pm

Venue:

Old Bawn Community School,
Tallaght

Contact:

Christy McLaughlin, Foroige
Youth Officer

Telephone:

086 385 1236

Social Inclusion Morning

A social event for students from Foroige and the school promoting awareness of mental health.



Teresa Costello Irish Breast Cancer Patient
Ambassador



Fact: Did you know that the Square Shopping Centre is 25 years old?

Friday 20 November

Time: 7.00 pm - 9.00 pm

Venue:

Áras Chrónáin, Watery Lane,
Clondalkin

Contact:

Brian Ó Gáibhín

Telephone:

01 457 4847

Intensive Fun Spoken Irish Course

A fun informal course to get you more words and more confidence to improve your spoken Irish in a relaxed way. For all levels, from complete beginners to advanced. Course cost: €55.00

Time: 8.00 pm - 11.30 pm

Venue:

Áras Chrónáin, Watery Lane,
Clondalkin

Contact:

Brian Ó Gáibhín

Telephone:

01 457 4847

Social Inclusion Evening

An Open evening of Irish Music, Song and Dance.



Fact: Did you know that South Dublin County Council Headquarters are in Tallaght 21 years?

Saturday 21 November

Time: 10.00 am - 12 noon

Venue:

Clondalkin Library, Monastery Road, Clondalkin

Contact:

Siobhan Bermingham

Telephone:

01 459 3315

Crafternoon Craftcircle

Are you interested in knitting, crochet or craft? New members are welcome.

Time: 10.00 am - 4.00 pm

Venue:

Áras Chrónáin, Watery Lane, Clondalkin

Contact:

Brian Ó Gáibhín

Telephone:

01 457 4847

Intensive Fun Spoken Irish Course

A fun informal course to get you more words and more confidence to improve your spoken Irish in a relaxed way. For all levels, from complete beginners to advanced. Course cost: €55.00

Time: 12.00 noon - 3.00 pm

Venue:

Fettercairn Community Centre, Tallaght

Contact:

Gareth Carey

Telephone:

086 233 3717

Sports and Fun Day for young people in Fettercairn

This event is open to young people aged 10-13 years in Fettercairn and Springfield, Tallaght.



Tus Nua Older Persons Forum

Saturday 21 November

Time: 2.00 pm - 3.00 pm

Venue:

Clondalkin Library, Monastery Road, Clondalkin

Contact:

Lyuba Moore

Telephone:

01 457 7213

Chess Club for Children

In association with the Intercultural Centre, Clondalkin learn to play chess in a fun, relaxed environment.

Time: 8.00 pm - 10.30 pm

Venue:

Crosscare, Clondalkin Youth Services, Monastery Road, Clondalkin

Contact:

John Gregg

Telephone:

01 459 4666

Social Evening

Social evening for young people aged 13 to 17 years with food, music and sport.

Time: 9.00 pm

Venue:

Áras Chrónáin, Watery Lane, Clondalkin

Contact:

Brian Ó Gáibhín

Telephone:

01 457 4847

Social Evening

Traditional Irish Music Session for Adults.



Tony O'Donoghue RTE Presenter
and Margaret Bentley County Library, Tallaght

Sunday 22 November

Time: 9.00 pm

Venue:

Áras Chrónáin, Watery Lane,
Clondalkin

Contact:

Brian Ó Gáibhín

Telephone:

01 457 4847

Social Evening

Traditional Irish Music Session for Adults.



Fact: Did you know that we have three community gardens open to the public in the County?

Global Community Garden, Corkagh Park, Clondalkin, Sensory Garden, Sean Walsh Park, Tallaght and Grow Your Own Group, Sean Walsh Park, Tallaght.

Upcoming Events



UNWRAPPED is a FREE annual winter celebration in which the whole the family can participate.

UNWRAPPED 2015 is in Chamber Square by the Civic Theatre and the County Library Tallaght. The event will begin indoors in County Library and proceed outdoors to Chamber Square towards the County's Christmas tree. The event will finish outside Rua Red and the Civic Theatre. Hot refreshments will be served.

This event marks the official lighting of the County's Christmas tree by Mayor Sarah Holland.

Saturday 5 December

Time: 4.45 pm – 5.45 pm

Venue: Chamber Square, Tallaght

Additional Information

South Dublin County Schools Traveller Culture Project

This initiative aims to promote greater understanding between Travellers and the settled communities. This project involves Travellers visiting schools in the South Dublin area and engaging children in discussion about Traveller culture in modern Ireland. South Dublin County Council is working in partnership with Tallaght Travellers Community Development Project and Clondalkin Traveller Community Development Project on the roll out of this new initiative.



Travellers Rights are
Human Rights



TRAVELLERS
RIGHTS



AN ROINN Dlí AGUS Cúir AGUS COMHOIBINNÁIN
DEPARTMENT OF JUSTICE AND EQUALITY

Community Garden for Unemployed People in Sean Walsh Park, Tallaght

This is a horticultural programme for people who are unemployed. The main activity of the group is growing vegetables, fruit, plants and maintaining the garden. It is a great garden with a small community of local gardeners. New members are very welcome.

For further information please contact:

Maria Finn, Social Inclusion Officer, Social Inclusion Unit,
Community Services Department
Tel: 086 380 3060 or 01 414 9270

Garden for all Seasons in Sean Walsh Park, Tallaght

South Dublin's Social Inclusion Unit and Public Realm have worked closely with Menni Services in Tallaght (connected to St. John of God) towards the creation of a Sensory Garden in Sean Walsh Park. The clients of Menni Services (disabled adults mainly from the Tallaght Area) are using the outdoor garden for horticultural therapy and instruction. It is an opportunity for disabled persons to participate in the creation and upkeep of a visually stimulating garden, and to grow their own fruit, vegetables and plants.



For further information please contact:

Sandra Hickey, Staff Officer,
Social Inclusion Unit, Community Services Department
Tel: 01 414 9270 or 086 043 1779

Global Community Garden, Corkagh Park, Clondalkin

The Global Garden Project engages communities in South Dublin County area (including minority ethnic groups and unemployed groups) in a development education programme which raises awareness of the impact of climate change on global food production. The funding is part of the Trócaire Mobilising for Justice One Year Grants Scheme. The group have also developed a community garden in Corkagh Park, Clondalkin.



For further information please contact:

Maria Finn, Social Inclusion Officer, Social Inclusion Unit,
Community Services Department
Tel: 086 380 3060 or 01 414 9270



The Yellow Flag Programme

Yellow Flag Programme

The Yellow Flag Programme is a progressive equality and diversity initiative for primary and secondary schools which promotes and supports an environment for interculturalism. The programme is being delivered by the Irish Traveller Movement in South Dublin County.

Additional Information

South Dublin Gladiators

This is an inclusive sports club targeting young disabled people aged 4 to 14 years. The group meets every Monday evening from 6.00 pm to 7.00 pm in Collinstown Sports Complex. The young people take part in a number of different activities in a fun, safe and most importantly inclusive environment with the emphasis all the time on their ability.

For further information please contact:

Paula Swayne 086 829 2443 or Alison Silke 086 851 6669
Sports and Recreation Officers, South Dublin County Council

South Dublin County Sports Partnership (Link2BActive)



Link 2b Active is a programme initiated in South Dublin County Sports Partnership that offers unemployed people to participate in sport and physical activity, regardless of their income limits.

Please visit our website www.sdcsp.ie for further information.

Boxercise

This is a great way of reducing stress and releasing aggression. Even though there is no physical contact, it enables you to feel in control of your body and more confident about protecting yourself if you are required to.

Boxercise is a great way to build self-esteem and respect in people who may be bullied or lack physical confidence.

For more information on Boxercise or if you or your groups are interested in taking part please contact:

Paula Swayne 086 829 2443 or Alison Silke 086 851 6669
Sports and Recreation Officers, South Dublin County Council

South Dublin Libraries



South Dublin Libraries have seven Branch Libraries and four Mobile Libraries. In 2014, 1.75 million visitors were welcomed through the doors. 1.3 million books and 11,000 eBooks were borrowed with 242,000 booked computer sessions.

Literacy, Information and Learning, Culture and Creativity programmes are run throughout the year and open to everyone. Each of our libraries run free Computer and Language classes – contact your local library for details. Or if you prefer to learn a language from home, check out Transparent Language Online, in our online resources at **www.southdublinlibraries.ie**

Phoenix Clubhouse

Phoenix Clubhouse is part of EVE. EVE is a programme within the HSE, whose primary ethos is to provide community based recovery-orientated programmes for adults who experience mental health difficulties, intellectual difficulties, Asperger's Syndrome and physical and sensory impairments.

If you or anyone in your family may benefit from the support of Phoenix Clubhouse EVE, contact us today to arrange an appointment to visit and see if the Clubhouse can help you on your personal recovery journey.

Phoenix Clubhouse EVE / HSE,

96 Monastery Road, Clondalkin, Dublin 22. Tel: 01 467 0632.

Email us at: phoenixclubhouse@eve.ie or check out the website **www.eve.ie**

Corkagh Park and Lucan Demense

Fairy Woods and Tymon Park Enchanted Walk

This is a joint project between South Dublin County Council and the Irish Fairy Door Company. To find out more about the fairies living in Corkagh and Tymon Parks go to **www.sdcc.ie**

Additional Information

BeLonG To

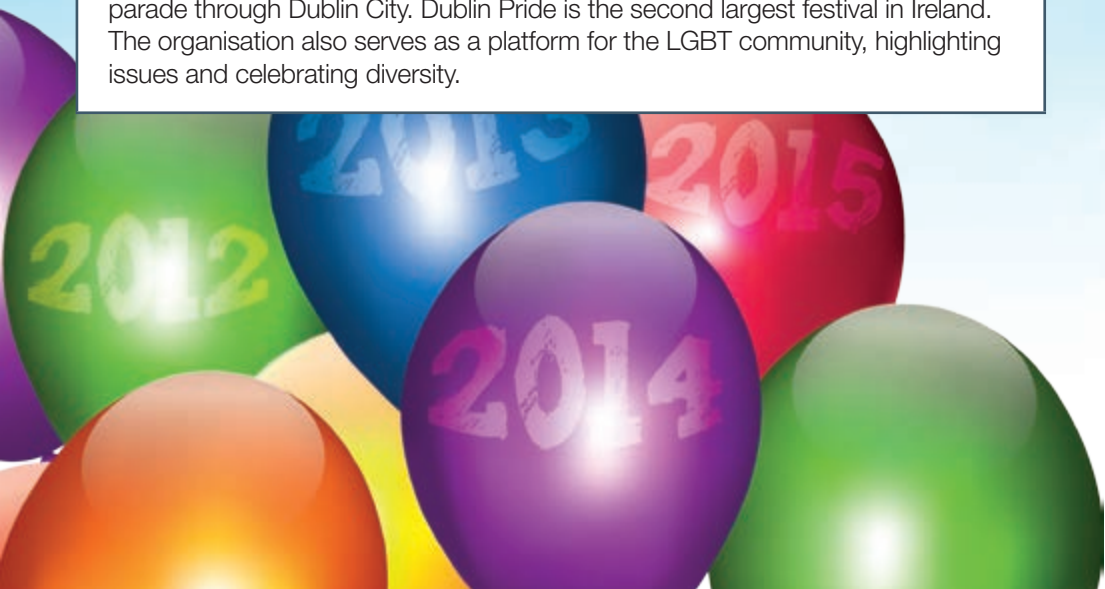
BeLonG To is the national organisation for lesbian, gay, bisexual and transgendered (LGBT) young people aged between 14 and 23 years. We believe that when young people are safe and supported in their families, schools and society they will thrive as healthy and equal citizens.

Tel: 01 670 6223



Dublin LGBTQ Pride Ltd

Dublin LGBTQ Pride Ltd (Dublin Pride) is the Irish embodiment of a global human rights movement that originated with the 1969 Stonewall riots in New York. The foundations of the organisation can be traced back to the Irish Gay Rights Movement, established in 1974. The first full Gay Pride Week took place in 1980 and featured a picnic at Merrion Square. Volunteers then worked to organise the first ever Pride parade on 25 June 1983 which became a key aspect of the movement in Ireland and the festival we see today. Dublin Pride has developed from a protest march to a celebration of diversity and inclusion in modern Irish society. It is one of the largest Pride festivals in Europe with over 40,000 participating in the 2014 parade through Dublin City. Dublin Pride is the second largest festival in Ireland. The organisation also serves as a platform for the LGBT community, highlighting issues and celebrating diversity.





South Dublin County Council
Proud to be celebrating
10 Years of Social Inclusion



All events must be booked in advance
as places cannot be guaranteed.
All our events are accessible.



Visit our website at www.sdcc.ie

 [sdublincoco](https://twitter.com/sdublincoco)

 [SouthDublinCountyCouncil](https://www.facebook.com/SouthDublinCountyCouncil)

