



## Packaging Waste Reduction: Use Less Packaging!

Here are some tips to reduce packaging waste in your everyday life!

### WHAT YOU CAN DO



#### At work

- Reduce the usage of paper, toner and ink
- Reuse packaging
- Use mugs and glasses to drink
- Use tea balls, avoid tea bags
- Bring lunch in reusable containers
- Try a zero waste meal: Same taste, less waste



#### While shopping

- Say no to single-use bags and bring reusable bags
- Use your own containers
- Buy in bulk and prefer loose items
- Buy concentrated products
- Buy bars of soap and shampoo
- Avoid unnecessary packaging