



2025

Active South Dublin Annual Report

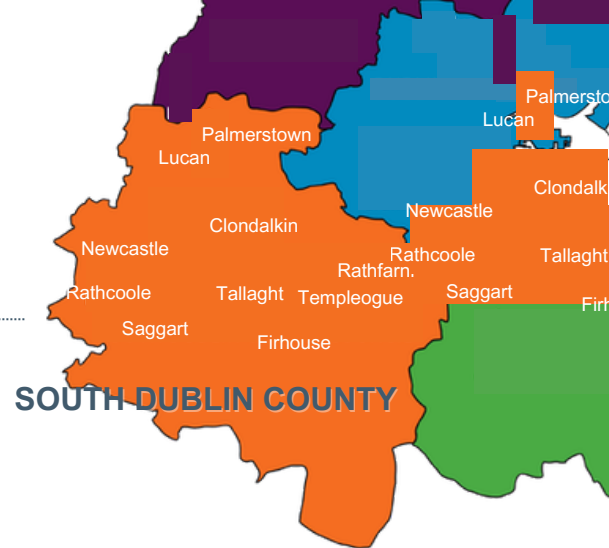


Nature Walks

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€150,000 Awarded in Sport Development Grants

Swim Grants of **€80,000** awarded to 56 schools in the County

€14,600 Club Strategy Development - 16 Clubs Completed needs analysis program

109,637 participation opportunities and **€95,471.01** spent on programmes, training and development and events throughout the county

Disc Golf

Ireland's first Disc Golf tournament held at Corkagh Park.



Inclusive



€86,596.00 On Inclusive Programmes

1077 Children took part in Learn to Cycle

245 Adults took part in Zumba Sessions

Older Adults

960 Older people took part in Community activities

640 Yoga/Fitness programme



Community

Active Parks programme (Yoga, Fitness and Calisthenics) enjoy Free Active Park classes

1000+ Participants enjoyed active parks activities.

1500+ Participants took part our annual Colour Dash

Social Media

8,455 Facebook Followers



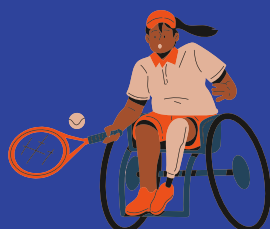
4089 Instagram Followers



Other Highlights

Sportability Camp

We launched Active South Dublin's Sportability camp for more inclusive and diverse participation. Approx. 3400 disable participants attended different programmes in 2025.



Omni Gym

Active South Dublin has Launched Ireland's First public Hi-tech gym equipment suitable for all age and strength groups at Greentrees park and Dodder Valley park



CHAIRPERSON'S STATEMENT

It gives me great pleasure to submit this annual report for the actions of Active South Dublin in 2025.

It was a year that contained some notable firsts for us.

- the launch of the Emerging Talent Bursary which saw 16 of our local talented athletes receive funding support to enable them to better pursue their sporting goals at national and international level.
- the launch of the inclusive cycle school at the Bike Hub in Collinstown Park Community School. This centre is the first cycle school of its kind in Ireland with dedicated bikes and tutors for children to learn how to cycle alongside able-bodied children.
- the launch of Omnigym, gym equipment that allows for a free, indoor gym experience in outdoor community settings. Allowing resistance to be increased or decreased according to personal capability, having Bluetooth technology to record usage and having some specific disability-friendly, the equipment which is popular on mainland Europe was installed on the first site in Ireland at Greentrees Park, Perrystown with another site installed later in the year in Dodder Valley Park.
- the launch of the Irish Disk Golf Masters at our dedicated, free for use Disk Golf site in Corkagh Park. Attracting competitors from across the island, North and South and indeed from mainland Europe (The Netherlands) this competition was declared the Tournament of the Year by the Irish Disc Golf Association.

From a participation viewpoint it was also a very strong year with almost 120,000 sporting opportunities provided at school and community level. Of particular importance were those activities delivered for children and adults with a disability, activities provided to refugees, to older aged, to teenage girls whose participation rate is always lower than the general average and to many others in the community through our community programmes and events.

From a governance perspective it was also an important year for the Active South Dublin Committee. The Committee held 6 meetings during the year, at which they reviewed the actions stemming from our Strategic Plan 2023-2028 and coded them according to level of completion. Of the 56 actions identified in the plan only 2 (a countywide facilities audit and an Outdoor Recreation Plan) were to be started which is a testament to the great work of all the partners involved in Active South Dublin.

As well as the many successes, there's always a few challenges to overcome. Financially we could always do with more budgets to help us try and bridge the gap between funding requests and what we can provide. As the Active South Dublin team is small it also feels pressure during periods of staff transition. And with an increasing population, meeting the Government target of 50% of the community being actively engaged in sport and recreation is as real a challenge as any sporting one on the field of play. But that is why we get involved in sport, it has its ups and downs, but we love what it provides to us as individuals and as a community.

On behalf of the Committee, I would like to recognise the significant financial, administrative and strategic input and support that the partners bring to the table. Especially important is the budget and administrative support provided by SDCC and Sport Ireland, but there are also many other partners at local and national level without whom we just wouldn't be able to deliver what we have been able to do in 2025. We look forward to 2026 and to another year of effort, partnership, challenge and success.

Cllr Alan Hayes
Chairperson Active South Dublin



ABOUT US

Active South Dublin is one of a national network of 29 Local Sports Partnerships (LSPs), set up by the then Irish Sports Council (now Sport Ireland) to actively promote increased participation in sport and physical activity across the entire community, with a particular emphasis on those who are less active.

The Active South Dublin office is based in County Hall, Tallaght. Active South Dublin is primarily funded by the Irish Sports Council with assistance from local partners, especially South Dublin County Council and the HSE.

Our History

In the Irish Sports Council's (ISC) strategy "A New Era for Sport 2000-2002", The Council proposed to establish a nationwide network of Local Sports Partnerships to create a national structure to co-ordinate and promote the development of sport at a local level.

The ISC identified that the effective development of sport and recreation at a local level would be best delivered through the adoption of a partnership approach between all bodies and organizations involved in the delivery of sport and recreation locally.

Following the Irish Sports Council's competition process in 2007 South Dublin County was designated as a Local Sports Partnership site and the recruitment of a Co-ordinator took place in November 2007.





KEY OBJECTIVES





DISC GOLF - CORKAGH PARK

OUR WAY OF WORKING





Stencils painting at Glenasmole National School

THE TEAM

Staff & Management

Thomas McDermott
Coordinator



Craig Smitters
Admin Manager



Darragh Conway
Active Cities Officer



Helen Dwyer
CSDO



Siobhan Gallier
SIDO



Bernard Robinson
CSDO



Anne Braiden
Administrator



Zaira Yaser
Comms Officer



- Cllr Alan Hayes, Chairperson
- Cllr. Paddy Holohan -SDCC Strategic Policy Committee
- Suzanne Furlong – SDCC Public Realm
- Leah Clarke – SDCC Planning
- Andrew O Mullane – SDCC Active Travel
- Siobhan Murphy – SDCC Housing
- Mairead Murphy – SDCC Events
- Lucy Cush – SDCC Healthy South Dublin
- Tara Deacy – SDC Partnership
- Dan Russell – HSE Health Promotion
- Gavin Chandler – DDLETB
- Jennifer Mc Entee – TUD Tallaght
- Carol O Donnell – Active School Flag
- Lisa O Rourke - Tallaght Hospital



Park Yoga - Dodder Valley 2025

CASE STUDY

Outdoor fitness gym at Greentrees Park in Perrystown

PROJECT DESCRIPTION

Ireland's first Omnigym outdoor gym was installed in Greentrees Park, Perrystown, featuring four adjustable-resistance machines. The facility averages 600 users per month, with sensor data helping track impact and peak times.

Located near community and sports hubs, it is age-friendly, wheelchair accessible, and includes QR codes for guided exercise support

KEY OUTCOMES

- Council Expansion: Following its success, additional outdoor gyms have been installed in Dodder Valley Park, with three more planned for Rathfarnham Castle, Tymon Park, and Rathcoole Park.
- Strong Community Use: Averaging 600 users per month, the facility effectively serves local clubs and community members.
- Data-Led Approach: SMART sensors provide clear usage data to measure impact and inform future health investments.
- Inclusive Design: Age-friendly and wheelchair-accessible equipment allows all users to train with adjustable resistance.

KEY LEARNINGS

- The project demonstrated that providing adjustable resistance rather than static bodyweight equipment is a major driver for engagement, as evidenced by the high volume of 600 monthly users. This level of activity proves that professional-grade hardware can successfully transition to unsupervised public spaces when supported by smart sensor technology for monitoring.

NEXT STEPS

- Further investment north of the county. We have selected Quarryvale Park as the next location for an outdoor gym.
- Working with the Active Cities network, specifically in Dublin, we would like to see more of these gyms installed across the city, creating several active spaces which would support our application for Global Active Cities status.
- Organise several taster programmes to teach local residents how to use the equipment.

STATISTIC HIGHLIGHTS

- The Hi-tech equipment has been initially installed in Dodder valley park and Greetrees park.
- Since opening, from September to the end of 2025, the equipment has been used for approximately 800 times a month.
- It is suitable for all age groups and adjustable for all strength levels.
- This case study highlights the success of installing hi-tech gym equipment for the public to use for free which will aid in to activating the public park for active use. The project promote a healthy, inclusive lifestyle while encouraging community interaction.



CASE STUDY

Cycling Inclusion Centre of Excellence

PROJECT DESCRIPTION

In November 2025, Ireland's first Cycling Inclusion Centre of Excellence was officially opened at the Collinstown Park Sports Complex in Clondalkin. This groundbreaking facility is the result of a major partnership involving Variety – the Children's Charity of Ireland, the Dublin and Dún Laoghaire ETB (DDLETB), and Active South Dublin

KEY OUTCOMES

- Inclusive Equipment: In partnership with Variety Ireland, the hub offers free supervised access to adapted bikes and mobility equipment.
- Purpose-Built Track: Features a permanent inclusive cycling course with road markings to teach safety skills.
- Strong Partnerships: Supported by DDLETB and Variety Ireland, with additional guidance from Enable Ireland.
- Positive Social Impact: Programmes delivered for local autism groups, with upcoming collaboration alongside Down Syndrome Ireland

KEY LEARNINGS

Strong partnerships (e.g., Variety Ireland and DDLETB) combined with permanent, purpose-built infrastructure are crucial to delivering a safe, confident, and fully inclusive cycling hub

NEXT STEPS

- Targeted Access: Scheduled cycling sessions with disability groups and special education schools.
- Community Workshops: Confidence training for families and individuals to use adapted bikes and the road-safety track.

STATISTIC HIGHLIGHTS

- The centre is equipped with 30 normal adult and kids bikes and 6 fully inclusive bikes.
- It is suitable for all age groups, abilities and expertise levels.
- The bikes are used by 155 users per week since it was launched



FINANCIAL STATEMENT

Income	Total Income 2025
2024 Budget c/o	€204,312.12
2025 Sports Ireland Grant	€341,041
SDCC Contribution	€947,559
Dormant Accounts Fund c/o	€194,443
Dormant Accounts Fund grant	€115,000
HSE	€10,000.00
Women in Sport c/o	€20,330.00
Women in Sport 2025	€10,000.00
Her Outdoors	€3,500.00
European Week of Sport	€3,630.00
Healthy Ireland Funding	€500.00
Research Grant	€75,000.00
Biodiversity Grant	€21,000.00
Participation Nations	€63,750.00
Other fees and charges	€12,281.73
Total Income	€2,022,346.85

Expenditure	Total Expenditure 2025
Staff Salaries & Expenses	€322,527.76
Administration Costs	€24,318.21
Club Development Grants	€14,600.00
Sports Programmes	€42,603.00
Women In Sport	€1688.36
Sports Inclusion Programmes	€86,596.00
Other Programmes	€12,261.00
European Week of Sport	€4,575.00
HSE Programmes	€7,017.99
Active Cities 2025	€89,464.87
Local Sports Plans	€43,350.00
HER Moves	€462.00
Her Outdoors	€2,328.68
Diversity Grant	€46,967.00
Bio Diversity Grant	€21,000.00
Sports Development Grant	€152,569.00
Evaluation Grant	€14,262.00
Emerging talent Bursary	€65,000.00
Volunteer Support grant	€1,200.00
Participation Nations	€61,684.00
Total Expenditure 2025	€1,014,474.87





Active

SOUTH DUBLIN

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