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South Dublin Libraries

THE LIBRARIES IN THE SOUTH DUBLIN LIBRARY SERVICE ARE:

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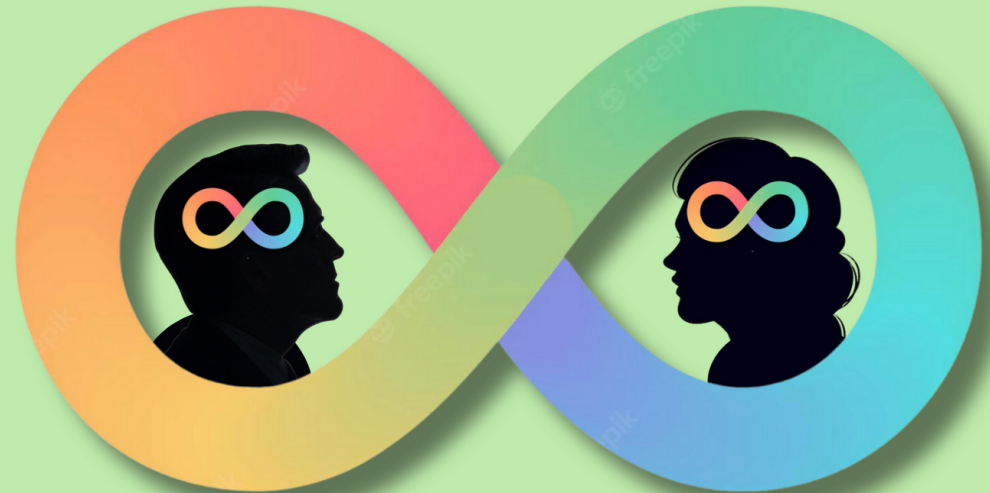
MOBILE LIBRARY
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Celebrating Neurodiversity





Silvia Angel GDipAutSt. SS. BA (PsyhEd)

Silvia Angel is an education consultant and early intervention specialist with over 20 years of experience supporting children with additional needs, families, and teachers.

Silvia has a degree in Social Studies from the University of Ramon Llull in Barcelona, a B.A. in Psychology of Education from the Autonomous University of Barcelona, and a Diploma in Autism Studies from the University College Cork.

Silvia Angel has worked as an early intervention specialist in Ireland in public children's clinics since 2002.

She is also the mother of 2 children, one of whom is autistic.

Silvia is a trainer and speaker and has presented at premier national and international events in her field, such as the National Progressing Disabilities Conference and the World Down Syndrome Congress.

She runs regular training events for schools and families and is the creator of The CIRCLE Programme, a comprehensive autism training programme for professionals and families. Over 3000 people have attended her popular online webinars. She has also provided training for organisations such as the HSE, NCSE (National Council for Special Education), Down Syndrome Ireland, The Down Syndrome Centre, Resilience, NUA Healthcare, College of Further Education Dundrum, South Dublin Libraries, Better Start, and many others.

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Zarah Doyle

Zarah started her role as Training Manager with AsIAM in 2022, she manages the autism friendly accreditation programme and works with a team of training officers.

The team deliver Autism specific training supports nationwide in a multitude of settings in health, education, community, and business.



Talk Title: *Autism and Understanding*
Speaker: *Zarah Doyle, AsIAM*
Date Time: *Wed 22nd November 6.30pm*
Venue: *Clondalkin Library*

- What is Autism? And What is it Not?
- What is it Like to be Autistic?
- Communication, social & sensory differences
- Building Inclusive Communities
- Questions & Answers

Talk Title: *Autism and Girls*
Speaker: *Caitlin Cruise, AsIAM*
Date Time: *Tues 28th November 6.30pm*
Venue: *Tallaght Library*

Caitlin will speak about Autism in Girls and Women, and why it is difficult for girls to be diagnosed. She will cover a range of topics including typical female presentation, the 'P' words (puberty/periods), disordered eating, masking and late diagnosis.

Talk Title: *Balancing Siblings Needs*
Speaker: *Zarah Doyle, AsIAM*
Date Time: *Wed 29th November 7pm*
Venue: *North Clondalkin Library*

- Neurodiverse Family Lived Experience
- The impact of sibling relationships
- Our role as parent
- Building confidence and self-esteem of siblings



Talk Title: *Autism and Teens*
Speaker: *Zarah Doyle, AsIAM*
Date Time: *Wed 8th November 6.30pm*
Venue: *Ballyroan Library*

- Autistic Culture, strengths, and challenges
- Minding mental health
- Self-care: Advocating for reasonable accommodations.
- Relationships and boundaries

Talk Title: *Neuro-affirming Language & Advocacy*
Speaker: *Jennifer Grundulis*
Date Time: *Mon 20th November time 7pm Online*
Venue: *Ballyroan Library*

Neurodiversity can be an emotive topic, with a lot of opinions involved. Preferred wordings change based on the greater awareness of how neuro-diverse people wish to be addressed - which can change from culture to culture. Sometimes even healthcare professionals or teachers may not be aware of the evolving preferences. This is a talk aimed at parents to help them understand this area, and how to helpfully start to advocate for their children. This will empower parents to be that bit more prepared when discussing their children's need with others.



Caitlin Cruise, Training Officer with AsIAM

Caitlin is currently studying Early Childhood Care & Education and hopes to go on to specialise in studies of Autism. She was late diagnosed Autistic in November 2022 and has dived headfirst into the community since then, learning and helping as many people as she can. She has always had a special interest in helping others, she supported Special Olympics Ireland by volunteering at the Special Olympic World Games this year in Berlin. She is also a registered Emergency Medical Technician (EMT) and volunteer with the Order of Malta. Caitlin's goal as Training Officer for AsIAM is to educate and open the minds of as many people as possible about Autism, and to break down stereotypes and misinformation. She wants to help uplift the autistic community and elevate our voices!



Jennifer Grundulis, Senior Speech and Language Therapist

Jennifer has more than 25 years experience in Speech and Language Therapy. She has degrees from Syracuse University in New York and University of Texas. She has worked in Texas before moving to Ireland in 2005. Her experience includes working with ID, DS, ASD with a wide variety of ages and abilities as well as creating training for the www.cattscourses.com Special Education video library.



Attendance at all the events is free of charge and open to everyone but advance booking is essential.

Contact information for each of the library branches is available on the back cover of this brochure.



Talk Title: *Lámh Module 1*
Speaker: *Silvia Angel*
Date Time: *Sat 14th October 10am-4pm*
Venue: *North Clondalkin Library*

This course is for those who are interested in learning Lámh. The course covers 100 Lámh signs and how to support a Lámh user.

Family members can also attend if a Family Lámh course is not available to them. Please notify me that you are a family member when you book.

Qualifications Required: No previous Lámh training is required.

Course Duration: 6 hours.

Course Content:

- Module One Lámh signs (100+)
- Alternative and augmentative communication (AAC)
- Lámh, a brief history and development
- Lámh signing environment

By the end of this course, participants should be able to:

- Use the 100+ signs from the Module One Book
- Use Lámh as an effective communication tool
- Contribute to assessment or decision-making around Lámh use
- Participate effectively in an established Lámh environment



Lámh



Talk Title: *Using toys to support your child's language*
Speaker: *Jennifer Grundulis*
Date Time: *Mon 16th October 7pm*
Venue: *North Clondalkin Library*

If you are a parent of a child who is learning how to speak you will get the most out of this talk. Presented by CATTS Speech and Language Therapist, Jennifer, this one-hour course covers the following areas:

What do children learn from play?

Toys to help language development

Tips to use in Play

What to Avoid

Creating Communication Opportunities

Choosing Toys

Types of Play

Talk Title: *Supporting Dyslexia at Home*
Speaker: *Jennifer Grundulis*
Date Time: *Wed 18th October 11am Online*
Venue: *Lucan Library*

This one hour talk will cover four broad areas:

1. How can we support the literacy skills of a child with dyslexia at home?
2. How can we support homework and study?
3. How can we boost the self-esteem of a child with dyslexia?
4. How can we foster a home-school bridge?



CATTTS

Clinical Assessment Therapy & Training Services